



World Elder Abuse Awareness Day 15th June 2021

Welcome to this special edition newsletter of the Derbyshire Safeguarding Adults Board

Our newsletters are published quarterly to update professionals and volunteers who work with adults with care and support needs on key information related to the Board.

The DSAB works with organisations across Derbyshire to ensure they have safeguarding policies and procedures in place and work together in the best way possible to protect adults with care and support needs.

If your organisation would like its safeguarding work featured in a future newsletter, please contact the DSAB's Project Manager, Natalie Gee DerbyshireSAB@derbyshire.gov.uk

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Message from our Independent Chair



Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board (DSAB).

Welcome to this special edition of our newsletter, which has been produced for a key date in our safeguarding calendar, World Elder Abuse Awareness Day (WEAAD), which falls on 15th June each year.

The Board office, along with our partners, have supported WEAAD for several years and we take the opportunity to raise awareness across agencies and more importantly, in our community about a number of safeguarding issues affecting older people, as well as sharing information about support services available.

Our campaign for this year has a focus on keeping in touch with people who could be vulnerable in our community, checking in with each other and asking the simple question, "Are you ok?" We have called the campaign **Connect to Protect (#ConnecttoProtectDerbyshire)**. Please support this campaign via social media and encourage staff, teams and community groups to spread the word. Safeguarding is everyone's business and we need to be more vigilant than ever.

Please share this newsletter with colleagues, family and friends, so we can spread the message far and wide that 'There is NO excuse for Abuse'.

As always, I ask you to remember our DSAB Vision, and please check our [website](#) and our [Twitter](#) and [Facebook](#) profiles to keep informed of the work of the DSAB.

'We will all work together to enable people in Derbyshire to live a life free from fear, harm and abuse.'

Thank you, and please enjoy this edition.

Connect to Protect Derbyshire campaign



Derbyshire Mental Health Helpline and Support Service

Struggling to cope?

Talk to us – anytime.



The **Derbyshire Mental Health Helpline and Support Service** is here for you, 24 hours a day. Call us free on...

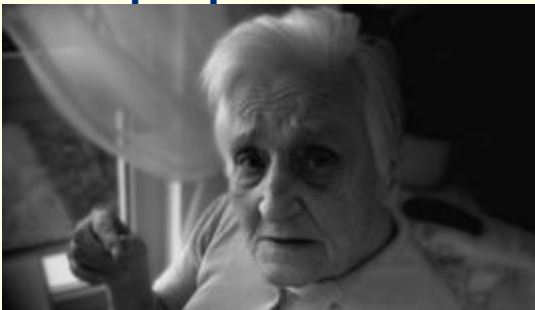
0800 028 0077

You can also call 111 and ask for the helpline. The helpline is for both adults and young people

Learn more at www.derbyshirehelpline.com and for other sources of support search 'Derbyshire emotional health and wellbeing'



Older people and domestic abuse



In November 2020 a multi-agency task and finish group was established in response to a cluster of admissions of older men to a local in-patient mental health service.

Their declining mental health, due to dementia, had contributed to an escalation of behavioural changes and a raised level of violence within their most intimate relationships.

The phenomenon of domestic abuse in the intimate relationships of older people has been in evidence for many years and, whilst there is a general lack of research-based evidence by comparison with other fields of safeguarding interest and activity, it is by no means less severe in impact.

The evidence that does exist supports generational-based characteristics, a "just get on with it" attitude and genuine fears that loved ones will be taken into care, all contribute to the reluctance of partners who are carers to disclose abuse within their relationship.

The task and finish group focused its initial endeavours in the following priority areas:

- Share useful resources
- Produce a piece of professional guidance for workforces to go on the Safeguarding Adult Board websites
- Develop a communications plan for raising awareness in multi-agency, cross-care sector services.

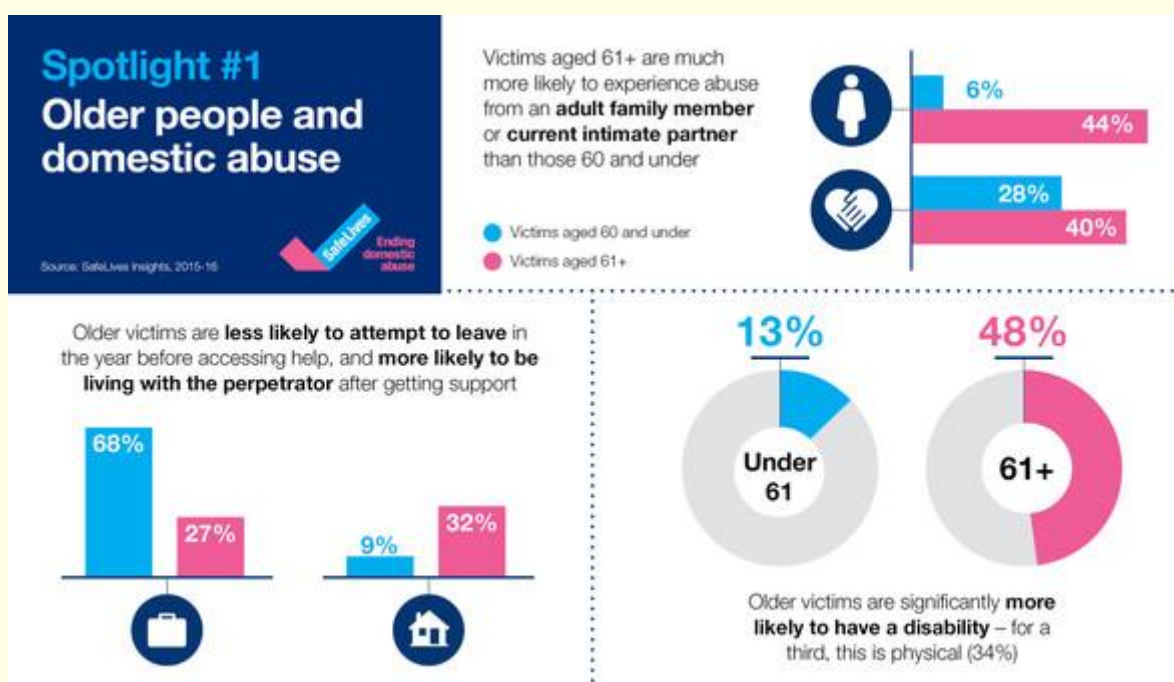
The group originally aspired to develop a bespoke risk screening tool similar to the [CAADA-DASH](#) (domestic abuse, stalking, harassment and honour-based abuse); however, this is a nationally recognised tool widely used in safeguarding work and, on reflection, it was acknowledged that the tool can be used with older people and that referrals to Derby and Derbyshire [Multi-Agency Risk Assessment Conference \(MARAC\)](#) can be made based on professional judgement if thresholds are not met by using the scoring system in the tool.

It was also recognised by the group that awareness of elder abuse in intimate relationships is not consistently factored-in to risk assessment processes in care pathways. Staff members in care services do not always give a name to what they observe or hear in the context of the relationships of the older people they support. Learning and Development programmes offered by Derbyshire County Council and partners have been enhanced to increase awareness of safeguarding, domestic abuse and older people.

The group focussed efforts on redefining the pathway into MARAC and discussions have taken place to enhance the MARAC response to referrals of domestic abuse in older people.

Individual group members carried out their own research to contribute to a bank of resources, research articles, useful hints and tips and professional guidance.

The group will conclude its work in May 2021 with a piece of professional guidance to be included, as a resource, on the safeguarding adults boards websites.



Older people and domestic abuse - resources

1. [Older Person's Care Pathway](#)
2. [Safe Later Lives: older people and domestic abuse](#)
3. [Rape of older people in the United Kingdom: challenging the 'real-rape' stereotype](#)
4. [Domestic homicide of older people \(2010-15\): a comparative analysis of intimate-partner homicide and parricide cases in the UK](#)
5. [Practitioner views on the impacts, challenges and barriers in supporting older survivors of sexual violence](#)
6. [Preventing and addressing abuse and neglect of older adults: person-centred, collaborative, system-wide approaches – appendix G: assessment and screening tools](#)
7. [Safe Lives - Spotlight #1: Older people and domestic abuse](#)
8. [Safe Lives podcast - Staying Safe at Home: domestic abuse - the impact on older people](#)

'One Chat Changes Lives' domestic abuse campaign

ONE CHAT CHANGES LIVES

Derbyshire Domestic Abuse Helpline
www.theelmfoundation.org.uk
Live Chat Anonymously

THEY CHECK MY TEXTS BEFORE I DO!

Domestic Abuse often starts with small things which can develop into controlling, coercive, isolating, threatening, even violent behaviour.

Domestic Abuse can affect anyone– you don't have to deal with it alone, contact us for support at Derbyshire Domestic Abuse Helpline

CONTACT US IN CONFIDENCE
08000 198 668

Text: 07534 617 252
Email: derbyshiredahelpline@theelmfoundation.org.uk
In an emergency call 999

Live Chat Anonymously at:
www.theelmfoundation.org.uk

The Silver Line Helpline



The Silver Line operates the only confidential, free helpline for older people across the UK

As we get older it's not as easy to stay in touch with people. But you still want to tell someone about your day, share a thought or a joke, or talk about a problem. Being able to have a conversation with someone about the big or small things in life is a very important part of anyone's day.

People call us just for a chat, to say 'good night' or 'good morning' to someone or tell us how their day was. Others call for information, seek advice about something, or share a concern or worry. The helpline is open 24-hours a day, seven days a week, 365 days of the year. Call anytime on 0800 4 70 80 90.

225,000 older people often go for a week without speaking to anyone

[The Silver Line Helpline - 0800 4 70 80 90](http://www.theelmsilverline.org.uk)

Derbyshire Recovery and Peer Support Service



If you need some support, a listening ear or you just want a chat, contact the Derbyshire Recovery and Peer Support Service

The service supports people who are having difficulties with their mental health across the whole spectrum of mental illness by offering targeted goal-focused support, developing peer support and volunteer opportunities across Derbyshire, as well as peer support groups where needed.

Delivered in partnership with [People, Potential, Possibilities \(P3\)](#) and [Derbyshire Federation for Mental Health \(DFMH\)](#), the service will help people improve and maintain their mental health and wellbeing and reconnect with their local community by offering access to targeted one-to-one staff support, telephone support and community groups, and is open to anyone over the age of 18 living in Derbyshire who is experiencing mental ill health.

Services offered:

- Targeted support through one-to-one and group sessions
- Self-help and peer support
- Telephone support
- Advice and information on mental illness
- Recovery education to help manage and understand your mental health
- Social activities in the local community
- Signposting to other sources of community and specialist support

Call **01773 734989** from 9am to 5pm each day each day.

[Derbyshire Recovery and Peer Support Service](#)

Hourglass - safer ageing, stopping abuse



Hourglass is the UK's only charity focused on the abuse and neglect of older people

They have nearly 30 years' experience as Action on Elder Abuse and over that time their work has touched tens of thousands of people, it's shaped government policy and amplified the issue in national press.

One in six older people are victims of abuse. That's over 16% of our mothers, fathers, uncles, aunts, grannies, grandads, friends and neighbours. ***Around one million people over the age of 65 are victims of abuse each year in the UK.*** The Hourglass mission is simple: end the harm, abuse and exploitation of older people in the UK.

[Hourglass](#) is the UK's only elder abuse helpline, instant messenger, text and email service.



Samaritans provides emotional support for people who are experiencing feelings of distress or despair, including those which may lead to suicide

Whatever you're going through, a Samaritan will face it with you by calling 116 123, 24-hours a day, 365 days a year.

Sometimes writing down your thoughts and feelings can help you better understand them. Writing a letter can be a personal and safe way for you to get your feelings across. It might be too upsetting to talk about certain things on the phone, and writing everything down can help you work through it. If you don't have easy access to a computer or telephone, or just don't like email or talking on the phone, you can write to the Samaritans for free at Freepost SAMARITANS LETTERS.

Writing an email can be a calm and safe way to work through what's on your mind. Samaritans volunteers answer each email that comes through to jo@samaritans.org. You don't have to be suicidal to get in touch – nearly half of the emails received are from people who are having a tough time, but not suicidal.

There's a Samaritans self-help app, which provides support that can be used without having to discuss your feelings with someone else. Through a range of interactive features, it will help you learn safe, memorable techniques for coping with things that are troubling you. We can also help you make a plan to stay safe in a crisis and keep track of things you can do away from the app to help yourself feel better. [Samaritans Self-Help](#) is a web application that can be used online in a browser or installed on a computer or smartphone. It's not monitored by Samaritans volunteers and anything written in it can be seen by them.

Victim Support service



Victim Support is an independent charity dedicated to supporting victims of crime and traumatic incidents in England and Wales

They provide specialist help to support people to cope and recover to the point where they feel they are back on track with their lives. The service is independent, free and confidential.

For support and advice people can complete an [online form](#) and someone from a local victim care team will contact them within three working days (Monday to

Friday).

If people want to speak with someone they can call the free Supportline on 08 08 16 89 111 24-hours a day, 7 days a week. A live-chat service is available from the [Victim Support](#) website.

National Domestic Violence Helpline



Women's Aid is working to end domestic violence against women and children

Domestic abuse is an incident or pattern of incidents of controlling, coercive, threatening, degrading and violent behaviour, including sexual violence, in the majority

of cases by a partner or ex-partner, but also by a family member or carer. It is very common. In the vast majority of cases it is experienced by women and is perpetrated by men.

The National Domestic Violence Helpline - 0808 2000 247 provides confidential advice, information and support 24-hours a day, 7 days a week. All calls are answered by fully-trained female support workers and volunteers.

[Women's Aid - until women and children are safe](#)

Action Fraud



Action Fraud is the national fraud reporting centre, providing advice and information about fraud and scams

Fraud is when trickery is used to gain a dishonest advantage, which is often financial, over another person. Cybercrime is any criminal act dealing with computers and networks.

There are many words used to describe fraud: Scam, con, swindle, extortion, sham, double-cross, hoax, cheat, ploy, ruse, hoodwink, confidence trick.

A scammer may try to approach people on their doorstep, by post, over the phone or online. They'll often pretend to be someone they're not or make misleading offers of services or investments.

Action Fraud has an [online reporting tool](#), which can be used at any time of the day or night. You can also report fraud by calling the Action Fraud team on 0300 123 2040. If you or someone else is in immediate danger or risk of harm you should call 999.

Funding for activities to improve the lives of the elderly



The Home Instead Bring Joy Foundation makes donations to charities, small grassroots organisations, and other not-for-profit groups that can demonstrate their commitment to creating activities designed to improve the lives of the elderly across the UK

Small grassroots organisation can apply for funding up to £500 and small local registered charities can apply for funding of up to £1,500. Larger grants can be considered for exceptional projects. The funding is available for events, activities or pastimes that prevent social isolation and loneliness amongst adults over the age of 55 years. For example, a day care centre organising a trip to the seaside.

Donation requests of more than £5,000 will be considered for exceptional projects. This is a rolling programme and applications can be made at any time.

More information from the [Bring Joy Foundation](#)

Age UK information guides and factsheets

Age UK have [information guides](#) that are short and easy to digest, giving an overview of the relevant topic. Their [factsheets](#) are longer with more detail, for those who want more information. We've chosen the three information guides below to showcase



We all want to be safe, especially when we're in our own homes or going about our day-to-day lives. Unfortunately, as we get older we can feel a little less safe, due to mobility issues, illness or because we feel more vulnerable to crime and scammers.

There's lots of information in the [Staying Safe information guide](#). It might be an idea to read it section by section, although there's a handy 'Security checklist' that covers some of the most important things to think about.



Any of us can be targeted by scams. They can be very distressing, and the impact is often emotional as well as financial. If you've been the victim of a scam, remember that you're not alone. Scams are increasingly common, and many people are caught out.

The [Avoiding Scams information guide](#) can help you spot the warning signs that someone might be trying to scam you.



It's not easy to think about a time when you're no longer able to make your own decisions. But if that time comes, having set up a power of attorney can make life that bit easier.

The [Power of Attorney information guide](#) can help you make sure that your wishes are followed if – for whatever reason – you're no longer able to make your own decisions or tell people what they are.

The Connection Space Community Interest Company



The 'Connecting Communities Project' has been available for people isolated and lonely in the Derbyshire Dales throughout these recent turbulent months and is expected to continue throughout this year

The most recent development for The Connection Space CIC is the offer of supported and buddy volunteering opportunities at The Wild Thyme Garden, Matlock (corner of Wellington Street and Cavendish Rd). This gives people a gentle chance to be with a small group of others, outside, engaging in gardening activities, whilst supporting the maintenance of a small community garden space. They are meeting twice monthly currently through Spring and Summer and have a few spaces still available.

This time last year, the Nature Based Volunteering Project was paused at Matlock Farm Park which offered farm/animal-based volunteering opportunities for people living with dementia. The Connection Space CIC are in the process of getting this up and running again, so please make contact if you would like to chat more about these volunteering roles.

You can click on the links below to open flyers for the activities that form the Connecting Communities Project, all free for people isolated or lonely in the Derbyshire Dales.

- [Spring Wellbeing](#)
- [Activity Packs](#)
- [Yarn it](#)
- [Grow and Gift Kits](#)
- [Recipe cards](#) [Wild Thyme Garden](#)

Any queries or conversations you might like to have about these opportunities and others from The Connection Space CIC, please get in touch with Mary Derrick.

- Tel: 07450195051
- Email: theconnectionspacecic@gmail.com
- Website: www.connectionspacecic.org

Identifying and reporting abuse and neglect animation



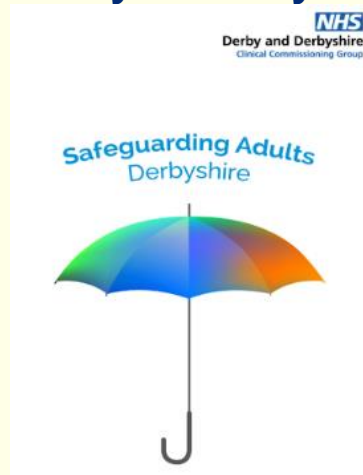
Keeping people safe from abuse and neglect is everyone's business.

Adults suffering from abuse and neglect can be harmed by someone they know, but they may be unable to report it because of disability, illness or because they are afraid. Abuse can happen in the adults home or a care establishment.

The Derbyshire Safeguarding Adults Board, in partnership with Derbyshire County Council, Derby and Derbyshire Clinical Commissioning Group and Derbyshire Police, have produced an animated film called '[Identifying and reporting abuse and neglect](#)'. The film is available with subtitles in English, Polish, Romanian, Simplified Chinese and Urdu. For people who are deaf or hard of hearing, there is a [British Sign Language interpreter version](#).

To accompany the animated film, we have produced an downloadable PDF [adult safeguarding guide](#)

Derby & Derbyshire CCG safeguarding app



As we know, safeguarding is everybody's business.

The free safeguarding app is useful for all staff who provide care and support, whatever their role, to any adult in any setting. It uses swipe-screen technology to guide you through a series of decision referral pathways, making it easier to recognise risk and know what to do if you have a concern.

There is a wealth of practical information relating to safeguarding. The app has links to referral processes, operational policies and guidance. As well as practical information relating to safeguarding, the app contains a complete list of essential contact details for Derby City and Derbyshire County staff, and links to local policies and national guidance.

Please note: the app contains information about the DSAB's GCSX email addresses, which is now out of date - professionals should, instead, refer to the safeguarding adult referral section and form on the [DSAB's website](#) for current email contacts for making safeguarding adult referrals.

The app provides professionals with:

- the principles of safeguarding adults
- the categories of abuse
- Making Safeguarding Personal (MSP)
- what to do if you have a concern about an adult at risk
- how to share information in the right way
- child sexual exploitation (CSE)
- adult trafficking and modern slavery
- female genital mutilation (FGM)
- the Government's PREVENT strategy and Channel
- hate crime

The referral pathways include:

- safeguarding adults
- female genital mutilation (FGM)
- domestic abuse
- PREVENT
- Mental Capacity Act 2005

Download the app

The app is available for both [iOS](#) and [Android](#) devices using these links, although it's best to search the store.

Derby & Derbyshire CCG podcasts

Podcasts are a quick and easy way to listen to topics of interest at a time to suit you.

There are currently seventeen podcasts available. Additional podcasts will continue to be produced on a range of safeguarding subjects. Any ideas for future podcasts are welcomed: please email natalie.hall1@nhs.net.

1. Domestic abuse (part 1)
2. Domestic abuse (part 2)
3. Financial abuse
4. Making Safeguarding Personal (part 1)
5. Making Safeguarding Personal (part 2)
6. Mental Capacity Act introduction
7. Mental Capacity and how to assess it
8. Best interests
9. Protection for healthcare and treatment actions
10. Lasting powers of attorney
11. Deprivation of Liberty

12. Prevent (29th October 2015)
13. Self-neglect (part 1)
14. Self-neglect (part 2)
15. STOMP
16. VARM – What is VARM?
17. VARM – Case study

Download or listen to the podcasts

The podcasts are available from the [NHS Derby and Derbyshire CCG](#).

To report a safeguarding concern



Derbyshire Safeguarding Adults Board

There is NO Excuse for Abuse

If you or someone you know in Derbyshire is being abused or neglected please tell someone

In an emergency, contact the police, tel: **999** or if you are deaf/hard of hearing use emergency SMS by texting **999** from your phone, or use the NGT Relay Assistant by dialling **18000** from the app or textphone

If the person is not in any danger now but there has been a crime, contact the police, tel: **101**

If you're worried about yourself or someone else being abused or neglected, please contact Call Derbyshire, tel: **01629 533190**

Derbyshire Safeguarding Adults Board
www.derbyshiresab.org.uk

The poster above is one of eight in the '[There is NO Excuse for Abuse](#)' set, which are available to download from our website.



The next DSAB meeting is on 14th September 2021

For queries or comments please contact:

Natalie Gee (DSAB Project Manager) at DerbyshireSAB@derbyshire.gov.uk

If you would like to subscribe to our newsletter, please email us at DerbyshireSAB@derbyshire.gov.uk



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Visit our website at: www.DerbyshireSAB.org.uk
