

Safeguarding adults is everybody's business

Derbyshire Safeguarding Adults Board

Keeping People Safe

Derbyshire Safeguarding Adults Board (DSAB) Newsletter Quarter 1 2018: Issue 9

Welcome Derbyshire Safeguarding Adults Board (DSAB) newsletter. The newsletters will be issued quarterly to update all professionals and volunteers working with adults with care and support needs on key information related to the Board.

DSAB co-ordinates and monitors the effectiveness of safeguarding work of agencies and bodies involved in protecting Adults across Derbyshire.

If your organisation would like its safeguarding work featured in a future newsletter please contact DSAB Project Manager, Natalie Gee natalie.gee@derbyshire.gov.uk or natalie.gee@derbyshire.qcsx.gov.uk.

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Note from the Independent Chair



Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board (DSAB). Welcome to Issue 9 of our newsletter.

This is our first newsletter of 2018 and I look forward to seeing the progress of DSAB throughout this year. I am pleased to inform you that we now have dedicated administration support in place for the Board and I welcome Paul Joyce who joined us in January. Paul will work alongside our DSAB Project Manager, Natalie Gee.

In the coming months a DSAB website is being designed which will give us a better platform for updating you on key information from the Board. We will be consulting with professionals, service users and the general public to make sure our website contains the information you want to see and in a format which is easy to understand. I encourage you to contact Natalie Gee via email at derbyshiresab@derbyshire.gov.uk with any ideas you have for the website or if you have any items for future newsletters.

I thank all of our DSAB partners for their commitment to our DSAB Vision:

'We will all work together to enable people in Derbyshire to live a life free from fear, harm and abuse.'

Thank you and please enjoy this edition.

Meet our Board Members: Carolyn Green- Chief Nurse/ Executive Director of Quality, Derbyshire Healthcare NHS Foundation Trust



I have worked in the NHS all of my career after having a work experience placement in a large mental health institution in Berkshire whilst at school. My first insight was when I was training as a RSCN, and I asked my tutor if I could change to be a Mental Health Nurse. I was given feedback that perhaps it wasn't really an easy profession I should consider; I should be honoured to be an RSCN and was I really prepared to work in Mental Health. I think that was the point when I made a commitment to mental health at age 18.

Mental health and children's mental health had a connection for me at an early age. My experiences of seeing other children and friends struggle with harm and pain in their lives, had a large impact upon my early years. My friends and their families were struggling with the miners' strike and the impact of early childhood poverty and then when the ship builders were in trouble in my home town and the impact upon family life for other friends was hard to watch, this led to family violence. I wanted to help and I wanted to ensure that Esther Rantzen's Childline would be a place for my friends to call and I raised money to help.

I undertook nurse training in Kent and then at the Frances Harrison School of Nursing now Surrey University, who took me in to allow my change my training course and qualifying as a Registered Mental Health Nurse.

During my career I have held a wide range of clinical posts focusing on Acute Mental Health in Southall in London when I was one of the very early nurses who trained Met police officers in Mental health awareness in the 1990's and then I moved onto the Bethelm and Maudsley where I spent twenty years of my career in running acute mental health services in Brixton, setting up Early intervention Psychosis services. A very early psychosis clinical for treatment resistant illness, a parental ill health service, building and designing in-patient units in early intervention in psychosis and being the Head of nursing CAMHS National and local services and units.

I have led governance reviews, inspections of Child and Adolescent mental health and Adult mental health service. I have also clinically led the Education service for the Maudsley, designing education programmes across the centre of excellence for Mental Health. I have a Masters in Public administration and clinical

qualifications, I left South London and Maudsley as Deputy Director and relocated to Derbyshire into my first Director of Nursing post in 2014.

I have worked as an executive director for the last nearly 4 years in Derbyshire

I share the role as Director of Quality with Dr John Sykes as Medical Director. My portfolio includes Clinical Board Leadership, Leadership of the Nursing Allied health professionals and Clinical Psychology, I am the executive lead safeguarding for adults, Families and Children, quality, patient safety, and patient experience. I am a member of both the children's and adult safeguarding boards and the executive lead for safeguarding at our trust. I am a member of the Derbyshire STP and I believe in making a contribution both to my organisation and to our county.

I believe in championing Childrens and Mental health service at a national level and I actively contribute to the National; Mental Health and Learning Disability forum. I have struggled to adopt social media, but I am trying!

I believe in clinically led service and will continue to be clinically practice in key areas and I particularly champion Trauma informed services, this is about thinking through what a person has experienced in their life and the reactions a person can learn from those early adverse childhood experiences on adult life. I also believe in making the last 1000 days of life, focused on achieving happiness or peace

I am married with two children, and I am happiest whilst under the sea, swimming with fishes and walking through the Derbyshire countryside with my family.

News from the Board

Derbyshire SAB meets every 3 months, the last meeting took place on the 4th December 2017. Below is a summary of the items discussed:

- Sarah Harrison from Derbyshire Mind was welcomed as a new Board member for DSAB.
- The DSAB Core Business Group will be meeting in early 2018 to look at the DSAB strategy and business plan to ensure it fits in with other business plans and other priorities. The strategy is due to be formally reviewed and updated in 2019.
- The DSAB annual report and CCG annual report are now complete and published.
- Key Headlines from the MAPPA annual report were presented.

Sub Groups Chairs provided updates for the Board

Performance & Improvement Sub Group: 50 multi agency case file audits have now been completed and a report will be shared with the Board on the identified learning and good practice in March 2018. A formal review of the Vulnerable Adult Risk Management (VARM) process is almost complete and will be shared with the Board in due course. Quarterly performance data is being submitted to the group around safeguarding referrals and enquiries and key headlines will be presented at Board meetings.

Learning & Development Sub Group: The group have asked for nominations for a new Chair and Vice Chair as Mat Lee has moved to another role. Andy Searle has written to chief fire officers to thank Mat for all of his work to progress the business of this group. The sub group action plan has been refreshed and the group is exploring a 'chairing meetings' course for multi agency professionals in early 2018. The 'Making Enquiries under S42 of the Care Act' training course will run in 2018 (further details provided later in this newsletter).

Operational & Leadership Sub Group: The financial abuse working group continues to meet and has an excellent information sharing network. The group also coordinates multi agency events to raise awareness of financial abuse and scams.

Safeguarding Adults Review Sub Group: A multi agency learning review is in progress. A second referral has been submitted to the group for consideration. The group continues to be well attended.

MCA DoLS Sub Group: A snap shot questionnaire is due to be sent out to explore 'blockages' to MCA application. It is hoped that this may identify training needs. DoLS data is reported quarterly by sub group members into this group.

ABC-Abuse Behaviour Control



Community Safety have recently commissioned a new service that supports perpetrators of domestic abuse (both male and female). This is provided across the county by the Abusive Behavioural Change (ABC) Project delivered by The Elm Foundation.

The ABC Project is a six-month programme for men or women who recognise that they are abusive to a partner or ex-partner and wish to change their behaviour. It is a Respect Accredited voluntary perpetrator programme for:

- Men who use intimate partner violence (IPV), with their female (ex) partners – Group sessions
- Women who use intimate partner violence with their male (ex) partners – 1:1 sessions
- Perpetrators of IPV in same sex relationships – 1:1 Sessions.

The aim of the Project's work is to:

- Increase the safety women and children.
- Manage and assess risk
- Hold perpetrators accountable for their abuse and help them gain an insight into the patterns of control, to build alternatives and avoid recidivism.
- Address the abusive and controlling behaviours by using control logs, completing course work, challenging their thoughts and belief systems and taking part in role plays.

For more information, group dates/venues and referral forms please visit the [project website](#).

Or contact: Di Conneely, Project Coordinator by email: di.conneely@theelmfoundation.org.uk

'Making Enquiries under S42 of the Care Act' Training Course 2018

The 'Making Enquiries under s.42 of the Care Act (2014)' training course is a free multi agency course and x6 dates are available in 2018.

'This is a half day course, for colleagues across all agencies, including the independent sector, who are, or may be, directly involved in Safeguarding Adults Enquiries. Before you book on this course, it is essential that you have already attended basic level Safeguarding Adults training, or have practical working understanding of Safeguarding Adults criteria and practice'

Please forward this flyer to relevant staff/teams. The booking system is online, hosted by Derby City. There is a link at the bottom of the attached flyer.

**Safeguarding Adults:
Making Enquiries under s.42 of the Care Act (2014)
Multi-Agency Training (Half-Day Course) 2018**

This is a half day course, for colleagues across all agencies, including the independent sector, who are, or may be, directly involved in Safeguarding Adults Enquiries.

Before you book on this course, it is essential that you have already attended basic level Safeguarding Adults training, or have practical working understanding of Safeguarding Adults criteria and practice.

Please do not book onto this training if you do not already have this knowledge

Key learning outcomes for this course are:

- Demonstrate how the adult is at the heart of everything we do, while carrying out a s42 enquiry by understanding Making Safeguarding Personal (MSP)
- Describe the process for recording information in an Adult Safeguarding Enquiry
- Clarify the role and responsibilities of safeguarding adults partners in making s.42 enquiries, and the possible consequences

Date	Duration	Course Venue
14 th February 2018	9:30am-12.30pm	Derby Homes Limited, 839 London Road, Derby DE24 8UZ
26 th February 2018	9:30am-12.30pm	Room 13 at Kedleston Road Training and Conference Centre, 184 Kedleston Road, Derby DE22 1GT
19 th April 2018	9:30am-12.30pm	Chesterfield Fire Station Spire Walk Business Park, Braidwood Way, Chesterfield S40 2WH
4 th June 2018	9:30am-12.30pm	Erewash Adult Care Mercian Close Ilkeston DE7 8HG
22nd October 2018	9:30am-12.30pm	Buxton Fire Station, Staden Lane, Buxton, SK179RZ
3rd December 2018	9:30am-12.30pm	Erewash Adult Care Mercian Close Ilkeston DE7 8HG

To book on any of these courses please visit this website:
<https://www.derbysafeguarding.org.uk/site/login>

All staff will need to follow their internal agency guidelines when requesting to attend the scheduled study courses. All training is provided free of charge and to book a place please access our newly developed [Online Course Booking System](#)

Good News Story: YouTube film from Scams Awareness Month Event



You may remember that the DSAB financial abuse working group coordinated and attended an awareness raising event at Ripley market place in July 2017. The event was hosted by the P3 charity who kindly allowed us to use their mobile resource unit. The PCC's office filmed the event and have added the video onto YouTube.

<https://youtu.be/YeqERLW8NBY>

Thanks again to P3 for hosting this event. We hope to organise something similar for Scams Awareness Month in July 2018.

Coercion and Control Posters designed by Worcestershire SAB

The posters below were designed by Martin Lakeman, Advanced Public Health Practitioner with Worcestershire County Council, in order to raise awareness of coercion and control as a form of domestic abuse for Worcestershire SAB

Martin agreed for the images to be shared with DCHS to publicise this issue alongside a new online portal about domestic abuse that has just been launched, and also to share with Derbyshire SAB for information purposes.

We know that the impact of coercion and control is unrecognised and legislation has only recently been introduced so these posters are a great tool for raising awareness.

Coercive and Controlling Behaviour

Q: What is coercion and control?

A: This type of abuse in an intimate or family relationship involves an ongoing pattern of controlling or coercive behaviour. Coercion can include a pattern of threats, humiliation and intimidation. Control can include making someone feel dependent and isolating them from their sources of support, and controlling their everyday behaviour.

Examples of behaviour or tactics used by perpetrators



Isolating them from family and friends



Controlling or tracking movements



Repeated put-downs, humiliation or embarrassment



Controlling when they can sleep



Manipulating someone or their friends and family



Using children



Controlling finances or creating financial dependency



Restricting their access to healthcare or medication



Controlling what they wear



Family 'dishonour' or threats to their reputation



Controlling their social media



Demanding degrading sexual acts

Myth busting

This isn't about conduct in a 'normal' relationship, it's about repeated criminal behaviour and creating fear of not abiding by someone else's rules.



suffering psychological abuse are **less likely** to report to the police
(SafeLives)



46% didn't see themselves as victims of domestic abuse*



37% did not report to the police because they didn't think they could help*

*ONS 2015

This is not trivial. Psychological and emotional abuse can be as damaging as physical abuse for victims and children. Coercive control is a criminal offence.

REMEMBER you don't have to be assaulted to be a victim of domestic abuse.

Types of evidence



Emails, screenshots and social media



Phone records, text messages and 999 tapes



CCTV and body-worn video footage



Medical and bank records



Previous offences and witness testimony

DOMESTIC ABUSE CAN BE...



IS THIS HAPPENING TO YOU?

Coercive Control is a criminal offence. You don't have to be assaulted to be a victim of Domestic Abuse. Psychological and emotional abuse destroys lives.

Don't Suffer In Silence, Tell Someone...

Find out more online, by scanning the QR code opposite using the camera on your smart phone or tablet. Alternatively you can visit the website at



www.worcestershiredomesticandsexualabuse.co.uk

Understanding Continuing Healthcare



Continuing Healthcare funding is a complex area and staff and carers often struggle to understand the process. Here are two links to websites that are really helpful and explain entitlement.

The first is Beacon which has advisors who can answer Continuing Healthcare questions

[National NHS Continuing Healthcare Information and Advice Service - Beacon](http://www.nhs.uk/continuinghealthcare)

The second is a website put together by family carers to help other carers: <https://caretobedifferent.co.uk>

CCG Safeguarding Podcasts

Safeguarding Adults
Derbyshire



Erewash CCG
Hardwick CCG
North Derbyshire CCG
Southern Derbyshire CCG



SAFEGUARDING ADULTS PODCASTS

Podcasts are a quick and easy way to listen to topics of interest at a time to suit you so why not download one and have a listen.

There are currently 13 podcasts available:

Podcast 1/Episode 1 - The UK PREVENT Strategy and what it means for NHS staff

Podcast 2/Episode 2 - The five principles of the Mental Capacity Act 2005

Podcast 3/Episode 3 - Mental Capacity (an introduction)

Podcast 4/Episode 4 - Best Interests

Podcast 5/Episode 5 - Protection for healthcare and treatment actions and restraint

Podcast 6/Episode 6 - Lasting Powers of Attorney

Podcast 7/Episode 7 - Deprivation of Liberty Safeguards

Podcast 8/Episode 8 - Children, young people and Deprivation of Liberty Safeguards

Podcast 9/Episode 9 - Financial Abuse and its place in the health workplace

Podcast 10/Episode 10 - Domestic Abuse (Part 1)

Podcast 11/Episode 11 - Domestic Abuse (Part 2)

Podcast 12/Episode 12 - Self-Neglect (1) - New

Podcast 13/Episode 13 - Self-Neglect (2) - New

We are in the process of producing additional podcasts on a range of safeguarding subjects

Any ideas for future podcasts welcomed natalie.hall1@nhs.net

STOP! I Have a Learning Disability

Patient health and social care watchdog Healthwatch Derbyshire has teamed up with the county's Good Health Group to better support individuals with learning disabilities.

Healthwatch Derbyshire and the Good Health Group - part of Derbyshire County's Learning Disability Partnership Board - have developed a poster entitled [STOP – I have a learning disability](#).

It will be distributed to people with learning disabilities to take to appointments and displayed in GPs, dentists and hospitals across the county. The Good Health Group would like you to help them distribute the poster so please share it with any clients, partners or colleagues who may find it useful.

The poster includes prompts for practitioners and patients to agree non-verbal signals if the patient is in pain, want to ask a question or need further support at the beginning of treatment or a consultation.

The production of the poster followed a [recent Healthwatch Derbyshire report](#) detailing the views and experiences of people with learning disabilities and their carers when accessing health services.

A particular issue highlighted was the need for better communication and understanding when patients need a procedure, such as dental treatment, to stop.

For further information please contact Karen Ritchie, CEO Healthwatch Derbyshire, email|: karen@healthwatchderbyshire.co.uk

Healthwatch Derbyshire @HWDerbyshire

healthwatch
Derbyshire



Find out how I show pain. I have a Learning Disability



STOP! I have a learning disability



Listen to me



Take time to read my hospital passport (if appropriate)



I may not be able to talk



Ask me questions about how I communicate



Take 2 minutes to understand me



Listen to my carer/support worker



Refer me to the acute liaison nurse at your local acute hospital (if appropriate)



Understand how I show pain



Stop if I show I am in pain



If I hold my hands up I may not be refusing treatment, I might just be anxious

Hand this poster to a healthcare professional
at your next health appointment.

If you work in a health setting, please display this poster and share with clinicians.

Online at: www.healthwatchderbyshire.co.uk

Telephone: 01773 880786 Email: enquiries@healthwatchderbyshire.co.uk

Healthwatch Derbyshire, Suite 14, Riverside Business Centre, Foundry Lane, Milford, Belper, Derbyshire, DE56 0RN

Cyber Crime and Online Safety



Cybercrime is any crime that involves a computer, the internet or related technology. Many traditional crimes are now committed online. Basically, if the behaviour is unacceptable offline, it is also unacceptable online.

Derbyshire County Council, Derbyshire Constabulary and Derby City Council have teamed up with [Get Safe Online](#) to bring you lots of simple steps that people can take to improve their online safety and reduce their risk of becoming a victim of

cybercrime.

For adults with learning disabilities, an [easy read online safety guide](#) has been produced, in conjunction with MacIntyre. Workshops for adults with learning disabilities in Derbyshire are available via carole.hodgson@macintyrecharity.org

You can help victims of cybercrime by supporting them to report it. Advice on where to report different types of cybercrime can be found on the [Safer Derbyshire website](#).

CYBERCRIME
and **Online Security**

Derbyshire's Digital PCSO James Land provides support and advice on cybercrime and online security to help protect people from becoming victims of online crime.

Interactive talks include:

- How to protect yourself online
- Social networking essentials
- Cyberbullying
- Digital footprints
- Sexting

Inputs can be adapted to address a particular topic, or a general guide to staying safe online.

Contact James.Land.4513@Derbyshire.PNN.Police.UK

www.derbyshire.police.uk

The poster features a central illustration of a person in a dark hoodie sitting at a laptop, with binary code (0s and 1s) floating around them. To the right, there are three circular inset images: the top one shows a hand with a glowing blue aura, the middle one shows a person in a hoodie looking at a screen, and the bottom one shows a person's face with a glowing blue aura. At the bottom right, there is the Derbyshire Constabulary crest and social media icons for Facebook and Twitter.

Learning Disabilities Mortality Review - Notifying the Programme of a Death

The Learning Disabilities Mortality Review (LeDeR) Programme aims to guide improvements in the quality of health and social care services for people with learning disabilities across England. It will do so by supporting local reviews of deaths of people with learning disabilities aged 4 years and above.

Notification of a death

Families, friends, professionals and other key people are being encouraged to notify LeDeR of the death of someone with learning disabilities. This can be done [via their website](#) or a confidential telephone number tel: 0300 777 4774.

New S42 Enquiry Form and Practice Guidance

The Care Act 2014 requires that a Local Authority must: “make enquiries, or cause others to do so, if it believes an adult is experiencing, or is at risk of, abuse or neglect.”

An enquiry should establish whether any action needs to be taken to prevent or stop abuse or neglect.

The S42 Enquiry Request Form should be completed on every occasion when Adult Care (Prevention and Personalisation) requests external agencies / colleagues undertake further enquiries.

The Practice Guidance aims to provide information to support best practice for staff; from the point of receipt of a safeguarding referral, through initial enquiries, S42 enquiries, safety planning and closure of safeguarding.

[S42 Form and Practice Guidance](#)

To report a Safeguarding Concern

If you or an adult you know is in immediate danger:

- **Contact 999 or 101** if you think a crime has been committed.
 - To make a referral to Derbyshire Adult Care, Please telephone Call Derbyshire on 01629 533190 (8am-8pm Monday-Friday and 9.30am-4pm on Saturdays).
 - There is an emergency out-of-hours countywide social care support between 5pm and 9am Monday to Friday and 24 hours per day during weekends and bank holidays. Telephone: 01629 532600
-



Are you a Carer?

Share your thoughts and experiences of health and social care services.

Healthwatch Derbyshire is here to give local people a stronger voice in influencing how health and social care services are provided in Derbyshire.

By sharing your story with Healthwatch you can help us build a picture of what services are doing well and where they can be improved.



healthwatch
Derbyshire

EVERY COMMENT COUNTS, PLEASE GET IN TOUCH...

Online at: www.healthwatchderbyshire.co.uk Telephone: 01773 880786

Email: enquiries@healthwatchderbyshire.co.uk

Freepost: **RYEE RGYU EUCK**

Healthwatch Derbyshire, Suite 14, Riverside Business Centre, Forestry Lane, Millers, Sarges, Derbyshire, DE25 4RQ

Safeguarding adults is everybody's business

Derbyshire Safeguarding
Adults Board

Keeping People Safe

The next DSAB meeting is on 27th March 2018

For queries or comments please contact:

Natalie Gee, DSAB Project Manager natalie.gee@derbyshire.gov.uk or
natalie.gee@derbyshire.gcsx.gov.uk

