



Welcome to the newsletter of the Derbyshire Safeguarding Adults Board Issue 31 – Quarter 2 – 2023

Our newsletters are published quarterly to update professionals and volunteers who work with adults with care and support needs on key information related to the Board.

The DSAB works with organisations across Derbyshire to ensure they have safeguarding policies and procedures in place and work together in the best way possible to protect adults with care and support needs.

If your organisation would like its safeguarding work featured in a future newsletter, please contact the DSAB's Service Manager, Natalie Gee, email DerbyshireSAB@derbyshire.gov.uk

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Message from our Independent Chair

Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board (DSAB)



Welcome to issue 31 of our newsletter.

On 15th June 2023 it was World Elder Abuse Awareness Day (WEAAD). This year to mark WEAAD the Board office ran a webinar to highlight the risks associated with predatory marriage. I would like to thank Daphne Franks for attending as our guest speaker to share her personal story with the 128 practitioners who were in attendance. In this newsletter we have provided links to our predatory marriage 7-minute briefing and poster, which I hope you will read and share with your colleagues.

In others news, I am pleased to let you know that our practice guidance document has been updated with four pieces of new practice guidance. More information about this can be found later in this newsletter. If you have not already had a look at our practice guidance, I would recommend you spend some time familiarising yourselves with the document. It is full of information about a wide range of safeguarding topics and will support you to navigate different situations in your day-to-day practice.

In addition to the updates to our 'composite' practice guidance, we have also re-launched our adult safeguarding decision-making guidance, which is now a joint Derby and Derbyshire document. This should assist with a consistency of approach across city and county and, again, I encourage all to review this document and use it as a reference point prior to making safeguarding adult referrals.

As always, I ask you to remember our DSAB Vision, and please check our [website](#) and our [Twitter](#) and [Facebook](#) profiles to keep informed of the work of the DSAB.

"We will work together to enable people in Derby and Derbyshire to make choices to stay safe and to live a life free from fear, harm and abuse."

Thank you, and please enjoy this edition.

News from the Board



The Derbyshire Safeguarding Adults Boards meets every three months and the last meeting took place on 12th July 2023. This was a joint meeting with Derby Safeguarding Adults Board.

Below is a summary of the items discussed at the meeting:

- A video related to [Joan's Legacy](#) (Kensington and Chelsea Safeguarding Adult Review) was played for Board members
- The Derby and Derbyshire Safeguarding Adults Boards terms of reference 2023-2024 were agreed and has been published on the Derbyshire SAB website
- The Derby and Derbyshire Safeguarding Adults Boards Risk Register was reviewed and updated
- Lisa Coppinger from the Derby and Derbyshire Integrated Care Board, attended to give an annual overview of the LeDeR programme (LeDeR is a service improvement programme for people with a learning disability and autistic people)
- A revised framework for managing allegations against persons in a position of trust (PIPOT) was agreed by Board members
- A discussion took place about building stronger links with faith groups across Derby and Derbyshire
- Updates were provided by sub-group chairs about on the progress of each sub-group

Meet our Board Members: Julie Tomlinson, DHU Healthcare



Julie Tomlinson, Safeguarding Adults Lead Nurse for DHU Healthcare

My name is Julie Tomlinson and I've been the Safeguarding Adults Lead Nurse for DHU Healthcare since the role started in 2008.

I qualified as a Learning Disabilities Nurse in 1997 and spent the majority of my career working with adults with learning disabilities with a diagnosis of an autistic spectrum disorder.

In 2005 my career changed direction and I joined DHU Healthcare (called Derby Medical Service when I joined). I've had a few different roles within the organisation, custody nurse, nurse advisor and now the safeguarding adults lead nurse.

DHU Healthcare has significantly changed over the years, the not-for-profit community interest company has grown from a Derbyshire-based out of hours GP function to providing round the clock healthcare for over 10 million people across the Midlands.

DHU services includes community nursing, urgent treatment, primary care streaming, urgent on-day primary care, GP home visiting, phlebotomy, community hospital medical cover, telephone consultation support, weekend palliative care home visiting. The NHS 111 service across the Midlands is also provided by DHU Healthcare.

As the organisation has grown so has the scope to demonstrate my passionate and commitment to safeguarding. Striving to ensure that safeguarding is the golden thread that runs through the organisation. From training and policy development to advice and strategic planning, my role in safeguarding is ever evolving.

Outside of work I am married and have 2 daughters, aged 15 and 12. When I'm not working, I spend most of my time as a 'mum taxi' taking my daughters to various dance lessons, rehearsals and festivals. As they are both junior black belts in kickboxing, I'm not going to decline them a lift any time soon 😊

NEW - Derby and Derbyshire Safeguarding Adults Boards joint strategic plan 2023/2024

It is a requirement of all safeguarding adults boards to produce and publish a strategic plan

In April 2023 the Derbyshire Safeguarding Adults Board and the Derby Safeguarding Adults Board agreed a new joint [strategic plan for 2023/2024](#).

The strategic plan for 2023/2024 outlines the three key strategic aims of prevention, quality assurance and making safeguarding personal, as well as sharing the current governance in place for both Boards. It also shares the new joint vision statement adopted by the Boards.

The sub-groups of both Boards have business plans in place to outline how they will implement the plan and achieve its objectives. These business plans will be reviewed and updated quarterly.



NEW - Derby and Derbyshire adult safeguarding decision-making guidance



We are pleased to inform you that the Derby and Derbyshire adult safeguarding decision-making guidance has been agreed and published

This document was previously Derbyshire guidance and it has been adapted to become a joint document for practitioners working in Derbyshire and/or Derby City. The guidance provides support to decision-making for completing adult safeguarding referrals.

This guidance is not a substitute for professional judgement, nor does it set rigid guidance for practitioners. It is to be used as a framework to inform decision-making. If there is any doubt, the safeguarding adult referral process should be followed.

Please ensure you refer to this updated version of the guidance from today. This guidance will be regularly reviewed by the Derby and Derbyshire Safeguarding Adults Boards Policy and Procedures Sub-Group. If you have any feedback, please do not hesitate to contact us, email DerbyshireSAB@derbyshire.gov.uk

UPDATED - Derby and Derbyshire safeguarding adults referral form

The Derby and Derbyshire safeguarding adults referral form has been updated

The latest version of the [Derby and Derbyshire safeguarding adults referral form](#) can always be found on the Derbyshire Safeguarding Adults Board website, alongside information about making this type of referral.

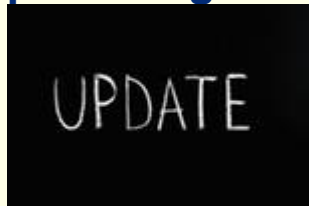


The following updates have been made:

- In section 1 on page 1, the wording for the question about assessing an adult's mental capacity has been updated
- In section 5 on page 3, a hyperlink has been added for Derbyshire Police's online non-emergency reporting portal
- In section 5 on page 4, hyperlinks have been added for Derbyshire County Council Children's Services and Derby City Children's Services

In section 5 on page 5, where it has been indicated that the person who has allegedly caused harm/abuse has care and support needs, the wording for the sentence asking about providing details of this support has been updated.

UPDATED - Derby and Derbyshire safeguarding adults practice guidance



The Derby and Derbyshire safeguarding adults practice guidance has been updated

The latest version of the [Derby and Derbyshire Safeguarding Adults Practice Guidance](#) can always be found on the Derbyshire Safeguarding Adults Board website, alongside the Derby and Derbyshire safeguarding adults policy and procedures

The following updates have been made:

- Information about Cyber Choices and the [Cyber Choices Toolkit](#) has been included in the Cybercrime section
- A new section about neurodiversity and safeguarding adults has been added
- A new section about adult exploitation risk assessment has been added
- A new section about assessing and supporting people with multiple and complex needs has been added

Learning for Safeguarding Adult Reviews - Kensington and Chelsea Safeguarding Adults Board share Joan's Legacy

Joan passed away at the age of 88 having experienced a significant and rapid decline in her health over the last year of her life

The Safeguarding Adults Executive Board (SAEB) for Kensington and Chelsea produced a video about [Joan's Legacy](#).

Joan was admitted to hospital five times, in the last ten months of her life, and there were concerns about discharge arrangements and the care and support services set up to meet her needs.



In the video, Joan's granddaughter, Lesley, shares her memories of Joan and offers powerful insights about the experiences of Joan and her family, making a valuable contribution that supports the legacy of learning from Joan's story. The [Safeguarding Adults Overview report](#) and [Learning Briefing](#) also support learning about this case.

You may find it useful to use this material to support learning and reflection.

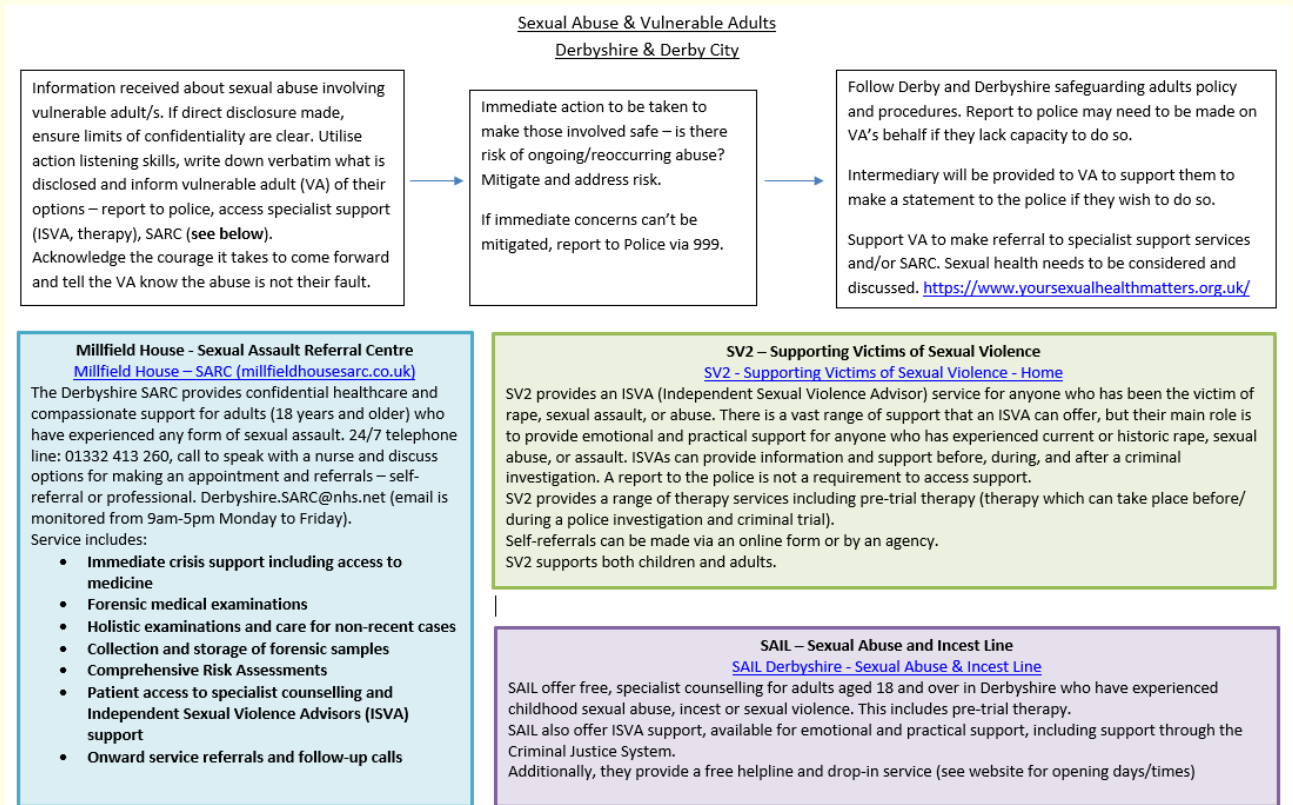
Some of the learning for working with adults and their families in the SAR process includes sensitive use of language, calling back when we say we will, and ensuring that if a staff member moves on the people involved know who their point of contact is.

For more information about [SARs in Derbyshire](#), please visit the Safeguarding Adult Review page on the Derbyshire Safeguarding Adults Board website. The most recent published SAR in Derbyshire is SAR20A about 'Thomas'.

Sexual abuse and vulnerable adults flowchart

This flowchart has been created to help professionals know what to do when information has been received about sexual abuse involving vulnerable adults

We would like to thank Derbyshire County Council's Sexual Assault and Abuse Strategy Officer for sharing this information.



You can access more information from these websites:

- [Your Sexual Health Matters](#)
- [Millfield House Sexual Assault Referral Centre \(SARC\)](#)
- [SV2 - Supporting Victims of Sexual Violence](#)
- [SAIL Derbyshire - Sexual Abuse and Incest Line](#)

Predatory marriage



Predatory marriage is an emerging form of exploitation

Hidden in plain sight, predatory marriage can happen anywhere and to anyone, but older adults and adults who lack mental capacity are particularly at risk.

Predatory marriage is the practice of intentionally targeting and marrying a vulnerable (often older) person in order to gain access to their estate and assets upon their death. Predatory marriage relies on grooming and coercion to exert control over another person to persuade them to marry for financial, material or other gain.

The signs and indicators are similar to other types of abuse; the person may appear isolated, withdrawn, fearful or unsure about their relationship or the people around them.

When dementia is present, the victim may not be confused or fearful. Presenting as 'pleasantly confused' should not be interpreted as consenting.

Did you know, a marriage will always revoke a Will? Anyone who marries (or marries again) would need to make a new Will, or the first £270,000 of their estate will go to their spouse if they are the first to die.

To help raise awareness about this emerging type of abuse, feel free to share our [predatory marriage leaflet and 7-minute briefing](#).

[Predatory Marriage UK](#) aims to reform marriage laws and procedures to protect people with dementia.

Derbyshire Mind Supported Self Help

'Supported Self Help' is Derbyshire Mind's five-week programme that empowers you to support and improve your mental health

Supported Self Help has been designed to support residents of Derby or Derbyshire, who are over 18, and are recently starting to struggle with their mental health.

This service is delivered from a number of local venues across Derby City, and also online via Zoom video call and telephone too – whichever option is best for you and your needs.

Supported Self Help is not designed for people who are already receiving support for their mental health, including therapy or counselling, or are under the care of the community mental health team.

Find out whether Derbyshire Mind's [Supported Self Help service](#) is suitable for you.

mind Derbyshire

Supported Self Help

Supported Self Help is Derbyshire Mind's new one-to-one service that supports and empowers you to improve your mental health and wellbeing right when you need it.

Please visit our website to find out more about the service and to complete a self-referral (or to refer your client):

www.derbyshiremind.org.uk/supportedselfhelp

Health and Justice Partnership Co-ordinator role



Lucy Young is the Health and Justice Partnership Co-ordinator for Derby and Derbyshire

The Health and Justice Partnership Co-ordinator (HJPC) role was created following a recommendation in the [Dame Carol Black Review](#) regarding drug treatment and recovery to improve the continuity of care for people involved in the Criminal Justice System.

The HJPC is part of the East Midlands Community Integration team covering Derbyshire, including Derby City and is responsible for improving partnership working to improve the health outcomes for people on probation.

A primary aim of the HJPC is to increase the number of people who attend treatment in the community following their release from prison with an ongoing treatment need. In addition, this role focuses on enhancing access to treatment pathways, reducing drug related deaths, increasing knowledge of services, exploring gaps in provision and improving the use of community sentence treatment requirements.

Lucy Young, Health and Justice Partnership Coordinator - Derbyshire, email: Lucy.Young3@justice.gov.uk, phone: 01332 868100, mobile: 07563 378943, address: Derwent Centre, Stuart Street, Derby DE1 2EQ

Helping the Helper

A new, exciting opportunity has risen in the Derbyshire area for all third sector companies

Inspirative Arts, in conjunction with Relate, Staywell and South Derbyshire CVS would like to proudly present Helping the Helper.

The third sector has evolved because individuals and communities have coalesced around a passion for helping service beneficiaries, and as such our focus is generally on the wellbeing of service users and wider communities. While the results of our hard work and passion for helping others is inspiring, many care sectors find that the wellbeing of our third sector workers and volunteers can slip through the cracks.

This has become more pressing in the aftermath of covid-19, with Awan et al. (2022) urging the healthcare community to address the mental health needs of health care workers, and Shreffler, Petrey & Huecker (2020) emphasising that to ensure continued quality care, our workers must be encouraged to look after their mental health.



Helping the Helper is a pilot project that aims to become a sustainable network of support for anyone working in the third sector. HtH provides a range of services that can be catered towards a company's trustees, their employees and volunteers, or a combination of the two. It is hoped that this project will enable our workforce to stay healthy and well, ensuring safe, effective service delivery and reducing staff absence and turnover.

For trustees we offer a one-day course for trustees and anyone considering becoming a trustee. It equips members of trustee boards with the knowledge and expertise required to successfully fulfil the role of a trustee and to support staff and volunteers. Key content is based on Charity Commission information and includes guidance on trustee roles and responsibilities, legislation, policies and procedures. How to recruit, support and retain volunteers is an optional part of the programme which includes the early identification of stress. An optional self-development section encourages delegates to consider how they might best fulfil the roles of trustee and develop their organisation.

For employees and volunteers we offer wellbeing groups and clinical supervision. These groups are for workplace teams to bring their work-related challenges and explore possibilities that enable the team to work together cohesively, reducing stress and burnout and increasing support and understanding amongst colleagues.

Groups may explore the challenges through, art, movement, music or drama. There will always be a spoken element to the supervisions. The supervisors are skilled in supporting the groups to work through their own process in their own way. Mentoring sessions are led by a qualified arts therapist and supervision is led by a qualified clinical supervisor. Mentoring is a more generalised approach to working with teams whilst supervision will often explore more specific aspects of your client work.

If you are interested in any of these services, please contact Inspirative Arts at info@inspirativearts.co.uk.

Cyber Choices Toolkit launch webinars

Cybercrime now accounts for almost 50% of crime in the UK



Cyber Choices is a national programme aimed at early-intervention with children and young people who are tech-savvy and on the cusp of cyber criminality, deterring them from cybercrime and helping them to make informed choices that will use their skills in a legal way, resulting in positive career pathways.

Derbyshire County Council Community Safety and Derbyshire Police have developed a toolkit to help practitioners who work with young, vulnerable people to “spot the signs” and make referrals into the programme.

Free webinars are planned for August, September and October 2023 to explain the toolkit and the programme further. Click on your chosen date to reserve your place:

- [Tuesday, 1 August 2023: 10am – 11am](#)
- [Thursday, 3 August 2023: 2pm – 3pm](#)
- [Wednesday, 27 September 2023: 2pm – 3pm](#)
- [Wednesday, 4 October 2023: 10am – 11am](#)
- [Wednesday, 11 October 2023: 11am – 12pm](#)

Derbyshire Domestic Abuse Helpline

The Derbyshire Domestic Abuse Helpline, facilitated by The Elm Foundation, is a safe, welcoming, supportive place for any man, woman or child affected by domestic abuse



A friendly, informal, peaceful haven in which you can talk freely and make sense of your thoughts. A hub that can provide the advice, support and tools you may need to change your situation; where you will feel empowered to take back control of your life.

- Tel: 08000 198 668
- Hard of hearing/deaf text: 07534 617252
- Email: derbyshiredahelpline@theelmfoundation.org.uk
- [Online](#)

Reporting a safeguarding concern



Derbyshire
Safeguarding Adults
Board

There is NO Excuse for Abuse

If you or someone you know in Derbyshire is being abused or neglected please tell someone

In an emergency, contact the police, tel: **999** or if you are deaf/hard of hearing use emergency SMS by texting **999** from your phone, or use the NGT Relay Assistant by dialling **18000** from the app or textphone

If the person is not in any danger now but there has been a crime, contact the police, tel: **101**

If you're worried about yourself or someone else being abused or neglected, please contact Call Derbyshire, tel: **01629 533190**

Derbyshire Safeguarding Adults Board
www.derbyshiresab.org.uk

The poster above is one of eight in the '[There is NO Excuse for Abuse](#)' set, which are available to download from our website.



The next DSAB meeting is on 18th October 2023

For queries or comments please contact:

Natalie Gee (DSAB Service Manager) at DerbyshireSAB@derbyshire.gov.uk

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