



## Welcome to the newsletter of the Derbyshire Safeguarding Adults Board

**Issue 30 - Quarter 1 - 2023**

Our newsletters are published quarterly to update professionals and volunteers who work with adults with care and support needs on key information related to the Board.

The DSAB works with organisations across Derbyshire to ensure they have safeguarding policies and procedures in place and work together in the best way possible to protect adults with care and support needs.

**If your organisation would like its safeguarding work featured in a future newsletter, please contact the DSAB's Service Manager, Natalie Gee**  
**[DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk)**

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## Message from our Independent Chair

**Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board (DSAB)**

Welcome to issue 30 of our newsletter.

I would like to take this opportunity to say thank you to Tom Brown. For the last twelve months Tom has been working for us in a temporary post as Senior Practitioner for quality assurance. Tom has helped the Board enhance its quality assurance processes in a number of ways, including improving the quality and impact of our multi-agency audits and increasing the direct feedback we receive from adults who have been supported via the safeguarding process in Derbyshire. This has been a hugely important area of work as it has helped us to make meaningful changes to improve the way we work to safeguard adults in Derbyshire. Everyone who has worked with Tom has praised his work ethic and his work will have a lasting, positive impact on us as a Board.



I would also like to update you that we will hold our first joint Board meeting with Derby Safeguarding Adults Board on 12<sup>th</sup> April 2023. This joint arrangement is taking place for a trial period during 2023-24 to see whether it adds value to the partnership. I will keep you updated on progress and discussions in relation to this.

As always, I ask you to remember our DSAB Vision, and please check our [website](#) and our [Twitter](#) and [Facebook](#) profiles to keep informed of the work of the DSAB.

***'We will all work together to enable people in Derbyshire to live a life free from fear, harm and abuse.'***

Thank you, and please enjoy this edition.

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## Meet our Board Members: Claudia Musson, Derbyshire Constabulary



**Claudia Musson is a Detective Chief Inspector with Derbyshire Constabulary**

"I have been a Police Officer for over 20 years, joining Derbyshire Constabulary in 2002, originally posted to Matlock Police station, where I spent just under two years before moving to Derby.

"While at Derby I worked within uniform response before being assigned to Chaddesden Safer Neighbourhood team, a role I thoroughly enjoyed. After a few years I was encouraged to undertake an attachment with Derby North CID for two weeks. However, I never went back!

"I became Detective Constable and worked in various departments including the Robbery Unit, Volume Crime Team, Derby West CID, Derby East CID, Operation Diamond (Rape and Serious Violence) and on several Murder investigations.

"In 2014 I was promoted to Sergeant; I was initially posted to Derby North LPU before moving back to CID the following year, initially as a DS with a Burglary team, before a move to CID.

"In 2018 I was promoted into to the role of Detective Inspector for Amber Valley.

"In 2021 I was promoted to Detective Chief Inspector within Public Protection. This is the position I currently hold. I manage the force's Child Investigation Teams, the Protecting Children On-line Team, and the Safeguarding Co-ordination Hub. I am also force lead for Child Protection.

"Outside of work I am married and a mum to two-year-old twin boys. Although I do work full time, Derbyshire Constabulary has supported me in condensing my hours which allows me to be off on Tuesdays to look after the fellas. I also try and parent two whippets. In all honesty, I am not sure which pair are more demanding!!

"After spending most of my life hating running, in lock down I had a go at completing a Couch to £5k. I have since completed a number of 10ks and the Carsington 7+. The Carsington route was described as 'undulating' – which I very quickly learnt was another word for 'hilly'....

"I will be running the Great North Run in September, raising Money for Great Ormond Street Hospital on the way.

"Outside work, parenting and dog walking and running, I enjoy spending time with friends and family and following Derby County (tragic)."

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## NEW - Domestic abuse and older adults leaflet



### We are pleased to offer a new Derbyshire Safeguarding Adults Board resource helping domiciliary carers understand domestic abuse and older adults

The resource helps to outline the key role that domiciliary carers can play in spotting the signs of domestic abuse in those they care for.

Supporting older people to engage with domestic abuse services has some specific barriers and challenges. Domestic abuse is considered more hidden in this age group and is complicated by often having a range of care needs and wider relationship issues. Prevention is dependent on recognition and early intervention, especially in situations where carer stress is evident.

Domiciliary carers are well placed to identify instances of domestic abuse due to the nature of the relationship they can establish with their clients. Your staff may be uniquely positioned to spot the signs of domestic abuse and to help the people they support understand these risks.

The [Caring for adults: spotting the signs of domestic abuse leaflet](#) helps identify the key signs of domestic abuse in older adults, what role domiciliary carers can play and what to do if there are any concerns. The leaflet is designed to be portable resources that domiciliary carers should carry with them when visiting clients.

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## NEW - Cyber Choices Toolkit



### Derbyshire County Council Community Safety Unit, in conjunction with our local and regional Cybercrime Units, has launched the Cyber Choices Toolkit

National research suggests that 61% of hackers began hacking before the age 16, but some may be as young as 10, with estimates showing that 1 in 4 teenagers have tried some form of cybercrime (many without realising it).

Do you work with young people or vulnerable young adults in Derbyshire? If so, it's likely that the majority of them will be tech savvy but, can you identify when that interest in IT becomes a concern and puts them at risk of committing cybercrime?

To help you, Derbyshire County Council Community Safety Unit, in conjunction with our local and regional Cybercrime Units, has produced a toolkit to help you 'spot the possible signs' and make referrals to Cyber Choices, the early intervention programme to deter people from cybercrime and help them to make informed choices that will use their skills in a legal way, resulting in positive career pathways.

The Cyber Choices toolkit is available at [www.saferderbyshire.gov.uk/cyberchoices](http://www.saferderbyshire.gov.uk/cyberchoices)

## UPDATE - S42 enquiry request form

The Derbyshire [Section 42 enquiry request form](#) has been updated on the Derbyshire Safeguarding Adults Board website.

The updates made are to the emails listed on page 2 of the form:

1. Updated email for Derbyshire Health Care NHS Foundation Trust
2. New email address for pharmacy-related enquiries
3. New email address where the risk is a GP
4. New email address for NHS funded care homes

### Top Tip from DSAB Senior Practitioner Tom Brown: recording source of risk for safeguarding concerns

When recording safeguarding information, where possible the full name of the source of risk/person who has allegedly caused harm should be recorded in the relevant section of referrals; It should also be recorded in other safeguarding-related documentation in line with your organisational processes. If this name is not given at the point of referral, the referrer or the organisation completing the S42 should ensure it is provided later in the process.

Enquiries should be made in line with GDPR to ensure that the name and any other relevant details of the source of risk/person who has allegedly caused harm are recorded; this is important for any work that may need to take place in relation to allegations against persons in a position of trust (PIPOT), reporting to other services, remedial work, and to ensure the record is accurate.

If you are unsure about any aspect of recording in safeguarding, please contact your organisational safeguarding lead, or refer to recording guidelines.

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## UPDATE - CQC's approach to local authority and integrated care systems assessments



**At the end of 2022, the CQC provided an update about their development of their approach to local authority and integrated care system assessments**

You may already be aware that new powers were given to the CQC under the Health and Care Act 2022. In July 2022 the CQC published their single assessment, which will be used to assess local authorities and integrated care systems (ICS). [Read CQC's full update article.](#)

Over the past year, the CQC has worked in partnership with people who use health and social care services, their families, voluntary sector organisations, providers, and other stakeholders to design their approach to how they will assess systems.

To focus in on how useful the test and learn activities have been and what the CQC learnt, they have published a [podcast conversation](#) between CQC colleagues and the local authorities involved in the test and learn activity.

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## British Sign Language cost-of-living support video

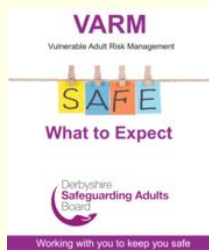


Derbyshire County Council has partnered with Action Deafness to produce a British Sign Language cost-of-living support video.

The video covers a wide range of topics from welfare rights to energy saving tips, and free school meals to help heating homes.

[British Sign Language cost-of-living support video](#)

## Vulnerable Adult Risk Management (VARM) briefings dates



### Free half-day multi-agency Vulnerable Adults Risk Management (VARM) webinars

The sessions look at the Vulnerable Adults Risk Management (VARM) process in Derbyshire and how to use it most effectively to support individuals.

This webinar is aimed at community care workers, social workers, senior practitioners, service managers, occupational therapists and external agencies.

Key learning outcomes for this webinar are to:

- Explore the VARM policy and procedures
- Consider the roles and responsibilities of different agencies within VARM
- Explore some of the skills and methods that can support working with individuals
- Develop confidence in working with VARM

For a list of dates and details of how to book a session, please visit the [training page](#) on the Derbyshire Safeguarding Adults Board website

## 15 Minutes to Save a Life campaign



### Derbyshire Fire and Rescue Service has launched its "15 Minutes to Save a Life" campaign





15 Minutes to Save a Life has been created to encourage people to take 15 minutes out of their day to help someone they care about do an online DIY home fire safety check.

Since May 2021, 9 people have died in accidental house fires across Derbyshire.


The majority of these fatal fires happened in the homes of people aged 60+ and living alone. They are also less likely to be able to access online digital services.

Taking just 15 minutes out your busy day to help someone you care about complete a simple online DIY Home Fire Safety check, will help them live safer from the risk of fire in their home.



-  **Take a detour on your way home from work**
-  **Go on the way home from the gym**
-  **Call before you go shopping**
-  **Go 15 minutes earlier when you pick them up for Sunday dinner!**

You can access the online DIY Home Fire Safety Check at [www.derbyshire-fire.gov.uk](http://www.derbyshire-fire.gov.uk) and follow the 15 Minutes to Save a Life campaign link **or by scanning the QR code**





## Safe and well visit referrals to Derbyshire Fire and Rescue Service



**A third of the people who die in fires every year are looked after by a carer, whether that's a family member, friend or a professional carer**

Derbyshire Fire and Rescue Service is committed to working with professionals who support vulnerable adults and children. They welcome referrals for safe and well checks from any professional who has concerns about an occupier or property where fire risk is a concern.

The [safe and well visit referrals: information for partner agencies video](#) gives an overview of what Derbyshire Fire and Rescue Service can offer to support our communities and the most vulnerable to help keep them safe from fire in their homes.

Derbyshire Fire and Rescue Service has a [British Sign Language \(BSL\) video](#) that provides advice on measures that can be taken to reduce fire risks in the home. It takes you through general fire safety advice and specialist information such as smoke alarms for those hard of hearing.

**By working together, we can reduce fire deaths and injuries of vulnerable people**

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## Emollients - be safe

The [Emollients - Be Safe!](#) poster is available to download from the [Derbyshire Safeguarding Adults Board website](#).

**Derbyshire Safeguarding Adults Board**

**Emollients - Be Safe!**

Emollients are creams/sprays/lotions used for a wide variety of skin conditions such as eczema and psoriasis. It is important to be safe and understand the risks when using them, as many are flammable.

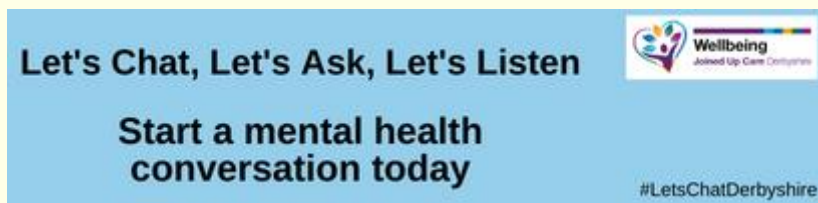
When using all types of emollients (both paraffin-based and paraffin-free) please follow the safety guidance below:

- Keep away from fire, flames and cigarettes.
- Change clothing, dressings/bandages and bedding regularly because emollients soak into fabric and can easily catch fire.
- Washing fabrics at high temperatures may reduce the build-up of emollients, but does not remove it entirely due to its oily residue.
- People with mobility difficulties should be particularly careful.

Anyone who has had issues with any emollient creams is asked to report this through the Yellow Card Scheme, a website for reporting adverse drug reactions. You can talk to your pharmacist if you have any concerns.

[www.yellowcard.mhra.gov.uk](http://www.yellowcard.mhra.gov.uk)

## Let's Chat: free resources to tackle social isolation and support mental health



**After the successful launch of the Let's Chat campaign in 2022, around 700 bench signs were put out across Derbyshire to tackle social isolation and encourage conversations while providing mental health support information via QR Code**

The signs went to local councils, organisations and businesses and were put on benches across Derbyshire. A [map](#) has been produced of where a selection of bench signs and indoor signs have been placed. If you visit these places and notice any damaged or missing signs, please email [luke.oldham@derbyshire.gov.uk](mailto:luke.oldham@derbyshire.gov.uk). To order your 2023 bench signs and fence post signs, please complete the [Outdoor Let's Chat Signs order form](#). If you would like your 2022 or 2023 bench signs added to the map, please email [letschat@derbyshire.gov.uk](mailto:letschat@derbyshire.gov.uk).

Due to phenomenal feedback and growing requests for more signs over the winter period, Derbyshire County Council designed an indoor campaign which consisted of posters, window stickers and table signs to encourage conversations and support information and how to have conversations. Over 120 organisations participated, with 5000 resources sent out, and this number is growing. To order indoor resources please complete the [Let's Chat Derbyshire Indoor form](#).

For 2023 Derbyshire County Council are relaunching the bench signs. With your help you can reduce stigma on mental health, help in creating conversations while also supporting people with information to get support. Organisations, charities and business can order for public-facing or employee-facing resources within Derby and Derbyshire.

If you have any questions, please email [luke.oldham@derbyshire.gov.uk](mailto:luke.oldham@derbyshire.gov.uk) and don't forget to follow on [Facebook](#) and [Twitter](#) to keep up to date on mental health, suicide prevention and neurodiversity within Derby and Derbyshire.

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## We Value Your Feedback leaflet



**The Derbyshire Safeguarding Adults Board's 'We Value Your Feedback' leaflet is an accessible guide for making complaints, comments and compliments**

It has been produced with involvement from the Derbyshire Stakeholder Engagement Board, as well as an adult who was helped as a result of the safeguarding process.

The [We Value Your Feedback leaflet](#) is available for anyone who would like to make a compliment, comment or complaint specifically about the Derbyshire Safeguarding Adults Board, rather than an individual service or agency.

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## Derbyshire Domestic Abuse Helpline

**The Derbyshire Domestic Abuse Helpline, facilitated by The Elm Foundation, is a safe, welcoming, supportive place for any man, woman or child affected by domestic abuse**

Derbyshire Domestic Abuse Helpline

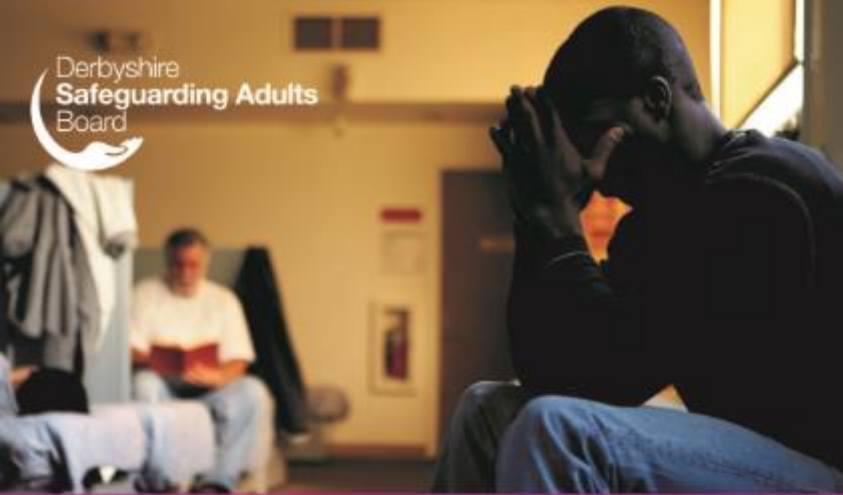


A friendly, informal, peaceful haven in which you can talk freely and make sense of your thoughts. A hub that can provide the advice, support and tools you may need to change your situation; where you will feel empowered to take back control of your life.

- Tel: 08000 198 668
- Hard of hearing/deaf text: 07534 617252
- Email: [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk)
- [Online](#)

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## Reporting a safeguarding concern



**Derbyshire Safeguarding Adults Board**

# There is NO Excuse for Abuse

If you or someone you know in Derbyshire is being abused or neglected please tell someone

In an emergency, contact the police, tel: **999** or if you are deaf/hard of hearing use emergency SMS by texting **999** from your phone, or use the NGT Relay Assistant by dialling **18000** from the app or textphone

If the person is not in any danger now but there has been a crime, contact the police, tel: **101**

If you're worried about yourself or someone else being abused or neglected, please contact Call Derbyshire, tel: **01629 533190**

**Derbyshire Safeguarding Adults Board**  
**[www.derbyshiresab.org.uk](http://www.derbyshiresab.org.uk)**

The poster above is one of eight in the '[There is NO Excuse for Abuse](#)' set, which are available to download from the Derbyshire Safeguarding Adults Board website

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**The next DSAB meeting is on 12th April 2023**

For queries or comments please contact:

Natalie Gee (DSAB Service Manager) at [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk)

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