



## Welcome to the newsletter of the Derbyshire Safeguarding Adults Board

Issue 21 - Quarter 4 - 2020

Our newsletters are published quarterly to update professionals and volunteers who work with adults with care and support needs on key information related to the Board.

The DSAB works with organisations across Derbyshire to ensure they have safeguarding policies and procedures in place and work together in the best way possible to protect adults with care and support needs.

**If your organisation would like its safeguarding work featured in a future newsletter, please contact the DSAB's Project Manager, Natalie Gee [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk)**

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## Message from our Independent Chair



Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board (DSAB).

Welcome to issue 21 of our newsletter. I hope you are all keeping safe and well.

The Board is due to meet later this month for a Development session. This is an opportunity for us to reflect on the ways we have changed and adapted in order to work together effectively and to ensure that safeguarding adults has remained a priority, despite the challenges brought upon us by the Covid-19 pandemic. At the Development session we will also discuss our priority areas of work for 2021/2022. I am grateful to all of our partners across Derbyshire who have continued to work incredibly

hard under difficult circumstances to protect and care for our community. If anyone has any thoughts about the future work of the Board and sub-groups, please get in touch with Natalie Gee, Project Manager [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk).

I would like to take this opportunity to thank Matt Thompson and Fiona McDonald from Derbyshire Police and Pete Bainbridge from the East Midlands Ambulance Service (EMAS) who have recently moved on to new roles. Their contributions to the Board and sub-groups have been extremely valuable and I wish them all the best in their future endeavours. We welcome Gareth Meadows as the new Derbyshire Police Board member and Adrian Wilkins as the new EMAS Board member and I look forward to working with them closely over the coming months.

I would encourage you all to please check our [website](#) and our [Twitter](#) and [Facebook](#) profiles to keep informed of the work of the DSAB.

*'We will all work together to enable people in Derbyshire to live a life free from fear, harm and abuse.'*

Thank you, and please enjoy this edition.

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## News from the Board

**The DSAB meets every three months and the last meeting took place on 16th December 2020.**

Below is a summary of the items discussed at the meeting:

- Board members heard the story an adult called Ross who had been referred to the Vulnerable Adult Risk Management (VARM) process. Ross wrote about how agencies had worked together to support him to receive housing and mental health support.
- Sharon Dove from the Derbyshire community Healthcare Foundation Trust (DCHSFT) safeguarding team attended the meeting to share a new DCHSFT 'Was Not Brought, Did Not Attend and No Access Visits' policy, which has been highlighted as an example of good practice.
- A Derbyshire County Council Adult Social Care and Health (DCC ASCH) case file audit report was shared with Board members where one hundred and fourteen 'inappropriate/non safeguarding' referrals had been reviewed.
- Information was shared about the VARM Working Group quality assurance pilot, which is taking place from January to March 2021.
- Feedback was shared from the National Safeguarding Adults Week 2020, including the positive response to the new DSAB animation, special edition newsletter and the Foetal Alcohol Spectrum Disorder (FASD) webinar.
- The DSAB risk register and risk assurance plan were shared and assurances sought from agencies around the ability for agencies to prioritise safeguarding adults during the COVID-19 pandemic.



- The latest safeguarding adults performance and VARM data reports were shared and discussed with Board members.
- Charlotte Dunkley from the National Probation Service Derbyshire provided an update about Pre-Court Diversion schemes.
- Christine Flinton, Derbyshire County Council Community Safety gave an update about the Domestic Abuse Bill. It is expected that the statutory duties for Local Authorities will be introduced in April 2021.

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## **Sub-Groups Chairs provided updates for the Board:**

### **Learning and Development (joint sub-group with Derby City)**

- A Task and Finish Group continues to work on converting the two joint training Safeguarding Adults Boards courses – Making Enquiries Under S42 of the Care and Charing Multi-Agency Meetings – into webinar sessions with the aim of delivering sessions on 2021.
- The Equality, Diversity and Bias Task and Finish Group has been tasked with producing some training slides for existing safeguarding adults courses, and possibly a stand-alone course will also be developed on equality, diversity and bias but with a focus on safeguarding adults.

### **Mental Capacity Act (joint sub-group with Derby City)**

- Mental Capacity training slides have been produced for partner agencies to use in their own training.
- The sub-group has started publishing a Mental Capacity Act (MCA) newsletter, which will be produced twice a year.
- From a recommendation made in multi-agency learning review, MALR19A, the group will investigate whether the existing resources for families during the transitions procedures need to be reviewed to ensure that the MCA and the implication of this, including changes to finances, are fully understood.

### **Operational and Leadership**

- One of the main focuses for the group has been about ‘inappropriate’ referrals and feedback to referrers. A case-file audit was undertaken in October 2020 by DCC’s Safeguarding Service Managers in response to the DSAB’s request to review safeguarding adult referrals that were closed at the point of referral and classed as ‘inappropriate’. The analysis report was shared with the group at its meeting on 12th January 2021.

### **Performance and Improvement**

- The next multi-agency audit is scheduled for January 2021 to look at safeguarding adult referrals where COVID-19 has been a feature of the referral.
- The Safeguarding Adults Reviews (SAR) Sub-Group has an agreement with the Performance and Improvement Sub-Group (PISG) for cases which do not meet the SAR criteria to be referred to the PISG when it is felt that further assurance could be sought in the form of a multi-agency audit of the case. Two cases were referred in at the last meeting and discussion took place around learning points and changes made within organisations since the incidents took place.
- Collation of operational adult safeguarding statistics continues to improve and provide meaningful feedback.

### **Policy and Procedures (joint sub-group with Derby City)**

- The sub-group’s inaugural meeting was held on 2<sup>nd</sup> October 2020, with the next meeting scheduled for January 2021 when the group will be requested to sign-off some new pieces of practice guidance.
- The group will be requested to review all current practice guidance to ensure there is reference to equality and diversity, following discussions at the Learning and Development Sub-Group’s Equality, Diversity and Bias Task and Finish Group.

### **Safeguarding Adults Reviews**

- A new SAR – SAR20A – has been commissioned with Sylvia Manson appointed as the Independent Reviewer. The first Panel meeting was held in November 2020 and the second Panel meeting will take place in February 2021.

## Meet our Board Members: Gareth Meadows, Derbyshire Constabulary

### Detective Superintendent Gareth Meadows from the Public Protection Unit (Partnerships and Safeguarding), Derbyshire Constabulary

It's great to be back in the Derbyshire Constabulary Public Protection Unit (PPU). I will be working alongside Detective Superintendent Gemma Booth. Whilst Gemma will focus on the day-to-day operational service we provide, my responsibilities will focus around how we work together in partnership and in a way which is about prevention.

I started my police service in Manchester in 1994 and thirteen years later moved to Derbyshire Constabulary. I live with my wife and now grown up sons in the High Peak and having done so since 1995 really care about the county we live in and the public services we provide. I worked as a Detective Chief Inspector within PPU for three years previously but left to lead homicide investigations and have been away for four years. I have always remembered how committed and professional the partners I worked with were.



I really believe in doing all we can to solve problems rather than returning again and again to the same issue. This is even more important where people are vulnerable. I know that can be a challenge, but citizens should expect us to get it right first time. Great investigations and safeguarding are key to that.

For me we achieve the most within a strong team. I am looking forward to being part of the Derbyshire Safeguarding Adults team once more.

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## Derbyshire Police staffing changes



### From 11th January 2021 there will be some changes to Safeguarding Leads for Derbyshire Police

The DSAB would like to express their thanks to Matt Thompson and Fiona McDonald from Derbyshire Police who are moving on to other roles within Derbyshire Police on 11<sup>th</sup> January 2021.

Both Matt and Fiona have provided a significant amount of support to the Board and the sub-groups; their contributions have been greatly appreciated. We wish them well in their future roles.

Detective Superintendent Gareth Meadows is the new DSAB Board member from Derbyshire Police, replacing Matt Thompson. Fiona Macdonald will be replaced by Detective Chief Inspector Kerry Pope. We welcome Gareth and Kerry and look forward to working with them.

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## East Midlands Ambulance Service staffing change

### From December 2020 there has been a change of Safeguarding Lead for East Midlands Ambulance Service

In December 2020, Pete Bainbridge moved to his new role as the Head of Quality for East Midlands Ambulance Service (EMAS), and we thank him for his contribution to the work of the DSAB and wish him well in his new role.

We'd like to welcome Pete's replacement as Safeguarding Lead for EMAS, Adrian Wilkins, and we're looking forward to working with him.



## Learning from local SARs, MALRs and DHRs conference



**Our 'Learning from Local Safeguarding Adult Reviews (SARs), Multi-Agency Learning Reviews (MALRs) and Domestic Homicide Reviews (DHRs) conference will be held on 29th April 2021.**

Due to COVID-19 restrictions this FREE event will be held as a Microsoft Teams video conference from 9:30am to 3:30pm.

### This conference will enable people to:

- Understand the learning points from local SARs, learning reviews and DHRs and how they can be used to improve practice
- Gain knowledge and understanding about the national learning themes identified in SARs, learning reviews and DHRs and how these relate to Derbyshire agencies.
- Understand the good and positive practice identified in reviews.
- Improve your understanding around mental capacity
- Self-assess and reflect on your own practice

There are limited places available for this FREE full-day conference. To secure a place, a [booking form](#) should be completed for each delegate and submitted to [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk). Places will be confirmed via email by the Board office. Please note, a booking form must be submitted for a place to be allocated at this conference.

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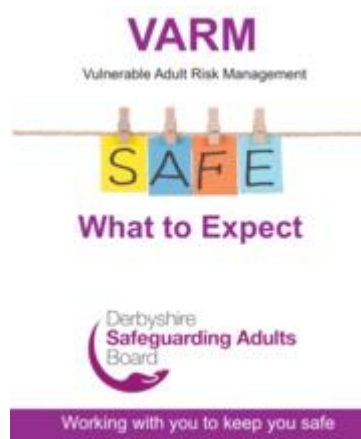
## VARM webinars 2021

**The dates for the 2021 VARM briefings have been released and will be delivered as webinars**

The workshop will look at the process and how to use it most effectively to support individuals.

### Learning outcomes

- Explore the VARM policy and procedures.
- Consider roles and responsibilities of different agencies within VARM.
- Explore some of the skills and methods that can support working with individuals.
- Develop confidence in working with VARM.



### Workshop dates and times

- 26<sup>th</sup> January 2021 – Microsoft Teams - 9.15am – 11.30am
- 24<sup>th</sup> February 2021– Microsoft Teams – 9.15am – 11.30am
- 25<sup>th</sup> March 2021 -- Microsoft Teams – 1.15pm - 3.30pm
- 30<sup>th</sup> April 2021 – Microsoft Teams - 9.15am – 11.30am
- 24<sup>th</sup> May 2021 -- Microsoft Teams – 1.15pm - 3.30pm

The course is suitable for Community Care Workers, Social Workers, Senior Practitioners, Occupational Therapists, external agencies and Service Managers.

**To book a place, please log on to [Derbyshire Learning Online \(DLO\)](#) and search for the course title. Should you have any queries please call SETC on 01629 531492.**

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## VARM quality assurance pilot



**The DSAB's VARM Working Group has agreed to undertake a 3-month VARM quality assurance pilot**

The pilot, which will take place from 4th January 2021 to 31st March 2021, will involve a member from the VARM Working Group observing a small number of VARM meetings. This will enable the DSAB to understand what's working well and where the process

might require some changes and improvements

### What is the purpose of the VARM meeting observation?

- To ensure that agencies understand the VARM process and are compliant with [DSAB VARM policy](#)
- To ensure there is appropriate service user/advocate involvement in the VARM process and the meeting itself (where possible) with clear evidence that they have been included and considered throughout.
- To ensure VARM documentation is fit for purpose and is being fully completed.
- To ensure that all agencies are engaging in the VARM process and are attending meetings as relevant.
- To ensure that the actions set at VARM meetings are followed up and actioned in a timely manner (for review meetings).
- To identify further support/training needs, which would steer the content of future VARM briefing training sessions.
- To learn from positive outcomes and good practice examples of multi-agency working and share these examples widely to teams and colleagues via the DSAB VARM Working Group.

The observer will listen and take notes during the meeting but will not contribute or be involved in discussions, unless there is a specific need, e.g., if a question is directed to them by an attendee. To prevent conflicts of interest the observer will not be from the same as agency as the meeting Chair. For meetings where the service user is due to be in attendance, the Chair will seek their prior consent. The observer will attend the meeting only in a supportive capacity to the Chair and will not be there to assess their skills in leading the meeting

### Service user feedback

Where possible the VARM Working Group would like to hear feedback from service users and advocates about the VARM process. This qualitative feedback will help the Board to understand from the adult's perspective about the systems, documentation and processes currently in place.

It would, therefore, be useful if VARM meeting chairs can ask the adult at the start of the VARM process whether they would be willing to speak to an independent person over the phone after their meeting and at the conclusion/closure of the VARM process.

If the adult would prefer to give this feedback to someone who works with them already, e.g., their Social Worker, we can arrange for the feedback to be provided to us via their worker. If the service user would prefer to give some feedback in writing we can also arrange this.

### QA pilot findings

The findings of the VARM QA pilot will be reported to the DSAB at the June 2021 meeting and will also be included in the VARM annual report 2020/2021.

If there is specific learning or good practice identified for an agency this will also be shared via the VARM working group member from the relevant agency.

Thank you for your support in helping us to learn and improve the way we support adults in the VARM process. If you have any further questions, please email [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk).

**Find out more about the [VARM process in Derbyshire](#)**

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## Scams podcast

**IF IT LOOKS  
TOO GOOD TO BE TRUE  
IT PROBABLY IS!**

**Scams are a huge issue affecting so many people of all ages and backgrounds**

In partnership with Derbyshire's Financial Abuse Working Group, we have produced a [podcast about scams](#). We'd like to thank Angela Lobley (Derbyshire Scamwatch), Tracey Allen (Derbyshire County Council Trading Standards) and James Land (Derbyshire Police) for their contributions.

The podcast includes an account from an adult in Derbyshire who was scammed but with the support of Derbyshire Scam Watch, there was a positive outcome.

The podcast was recorded under COVID-19 restrictions, with the presenters unable to meet face-to-face, so we'd ask for your understanding about the quality of the recording in parts. However, we hope you'll still find the podcast informative and helpful.

**Keep up-to-date about scams by following [Derbyshire Scam Watch on Facebook](#) and the [Derbyshire Police Fraud Team on Twitter](#).**

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## COVID-19 scams

**There has been an increasing trend of COVID-19 phishing and SMS text message scams**

As it stands, there are five key trends:

- Fake URL links claiming to redirect you to GOV.UK website to claim relief payments.
- Lockdown fines suggesting you have breached government regulations.
- Offers of health supplements that will prevent you from being infected.
- Financial support that appears to be from your bank.
- Fake text messages claiming to be from the NHS advising individuals that they are eligible to apply for vaccine but requiring sensitive data such as financial information to make a payment.



To protect yourself and those close to you:

- Keep abreast of the news: As awful as it may seem, knowledge of attack methods and techniques will hone the ability to separate fact from fiction.
- Never click links within emails or text messages: Links take you to fake websites.
- Never call back using an unrecognised SMS phone number: This could lead you to speaking directly with a criminal or criminal organisation.
- Use official channels: For example, use GOV.UK to find relevant information about COVID support and support services. Once the official communication channels are known you can verify information and find out what the next steps are.
- Guard your data: A legitimate organisation won't make unsolicited requests for sensitive information or payments. For example, the vaccine is only available on the NHS for free to people in priority groups. Use the official NHS app only available from Google Play or Apple Store for more.
- Don't give into pressure: If someone tries to coerce you into giving them sensitive information, end the conversation.

- Watch your digital footprint. Cyber criminals will use social media accounts and relevant websites to research you and make their scams more effective. Request the removal of unnecessary information and check your privacy settings for every account.

Please report all fraud and cybercrime to Action Fraud by calling 0300 123 2040 or [online](#). Forward suspicious emails to [report@phishing.gov.uk](mailto:report@phishing.gov.uk). Report SMS scams by forwarding the original message to 7726 (spells SPAM on the keypad).

## Drive Project comes to Derbyshire

**DRIVE** > The Drive Project challenges and supports perpetrators of domestic abuse to change and works with partner agencies such as the police and social services, to disrupt abuse

Drive is made up of the [Drive Project](#) alongside the wider Drive Partnership National Systems Change work. The Drive Project with high-harm, high-risk and serial perpetrators of domestic abuse to prevent their abusive behaviour and protect victims.

High-risk, high-harm perpetrators are those who have been assessed as posing a risk of serious harm or murder to people with whom they are in an intimate or family relationship.

The aims of the Drive Project

- To reduce the number of repeat and new victims of domestic abuse (Drive Project)
- To reduce the harm caused to adult and child victims of domestic abuse (Drive Project)
- The reduce the number of serial perpetrators of domestic abuse (Drive Project)
- To intervene earlier to protect families living with domestic abuse (Drive Project)
- To help build systems that enable these things to happen beyond Drive sites, across England and Wales (Drive Partnership National Systems Change)

The [Drive Project is being introduced into Derbyshire](#) following a joint decision involving the Derbyshire Police and Crime Commissioner, Derby City Council, Derbyshire County Council, NHS Derby and Derbyshire Clinical Commissioning Group.

## Freedom Programme for deaf and hard of hearing women

**The Freedom Programme is for women who are or have been in an abusive relationship**

Deaf-inately Women are offering a free 6-weeks programme of 2-hourly sessions in January, March and June 2021, which are aimed at women who are deaf or hard of hearing.

All services, workshops and programmes are full-accessible with the provision of sign language interpreters, subtitles and voiceovers. The course will be carried out in a confidential and safe environment.

The programme is for deaf or hard of hearing women who have a partner or an ex-partner who:

- Makes them feel afraid or frightened
- Makes them feel controlled
- Are jealous and not trusting them
- Forces them to have sex when they don't want to
- Tells them what to do and they can or can't see
- Tells them which clothes they can and can't wear
- Always blames them for everything

Contact details - More details on the next page  
 Telephone: 01773 828233 | SMS/text: 07960 056746  
 Email: [def@deafinitelywomen.org.uk](mailto:def@deafinitelywomen.org.uk)





The programme will:

- Give women information to help them understand what abuse is
- Give an understanding of what abusive men believe
- Show how abuse can affect children
- Help women meet other women who have had similar experiences
- Help build confidence and self-esteem
- Help women move on and be free from abuse

Sessions are planned to start on the following dates for 6-weeks of 2-hourly sessions:

- 15th January 2021 from 10am to 12:30pm
- 11th March 2021 from 10am to 12:30pm
- 11th June 2021 from 10am-12:30pm

If you would like to speak/sign to someone to check if this course is suitable, contact Deborah on [deborah@deafinitelywomen.org.uk](mailto:deborah@deafinitelywomen.org.uk) or text on 07960 056746.

Please visit the [Deafinitely Women](https://www.deafinitelywomen.org.uk) website for details of this and other events on offer to deaf or hard or hearing women.

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## 'Ask for ANI' - a domestic abuse codeword scheme



### Victims of domestic abuse can safely and discreetly access support

From 14 January 2021, victims of domestic abuse will be able to access much needed support from thousands of pharmacies across the UK, backed by the government.

The ['Ask for ANI' scheme](#) allows those at risk or suffering from abuse to discreetly signal that they need help and access support. By asking for ANI, a trained pharmacy worker will offer a private space where they can understand if the victim needs to speak to the police or would like help to access support services such as a national or local domestic abuse helplines.

As an essential retailer based on high streets across the country, and with specifically trained staff, pharmacies can provide a safe space for victims to sound an alarm if they are isolated at home with their abuser and unable to get help in another way.

The codeword scheme will be promoted using discreet social media adverts and paid search. Pharmacies will be given promotional material to display in store to signal to victims that they are participating. Health professionals, social workers and Job Centres will also be asked to promote the scheme, alongside police, local authorities and specialist support services for victims.

The scheme will be initially available through the 2,300 Boots stores across the UK as well as 255 independent pharmacies. There will be an on-going sign-up process open to all pharmacies.

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## Modern slavery practice guidance

The joint Derby and Derbyshire practice guidance for responding to adults and children victims of modern slavery has been published



Modern Slavery is a complex crime that takes several different forms. It encompasses slavery, servitude, forced and compulsory labour and human trafficking.

Even though most people think that slavery only exists overseas, modern slavery in the UK is thriving. It is estimated that tens of thousands of people are in Modern Slavery in the UK today.

The guidance is intended to provide clear and up-to-date information on the key facts, and to help staff recognise the signs and respond effectively, so that more victims get help and perpetrators are brought to justice. This guidance is split between Adults victims (Section 8) and Child Victims (Section 9). The reason for the guidance is to address the situations that occur when a child may be accompanied with an adult. Therefore, it is important that staff understand both processes when referring potential victims into services.

The guidance is aimed at staff:

- Who may encounter potential victims of modern slavery; and/or
- Are involved in supporting victims; and/or
- Are responsible for referring into the National Referral Mechanism (NRM).

The [Derby and Derbyshire Modern Slavery practice guidance](#) is available to read from the Safer Derbyshire website.

## Modern slavery annual report 2019/2020

The Derbyshire and Derbyshire Modern Slavery Partnership [annual report for 2019/2020](#) has been published and is available to read on the Safer Derbyshire website.

Derbyshire Police received 348 items of intelligence from April 2019 to March 2020, this resulted in a number of operations to rescue victims from modern slavery situations, victims were safeguarded, referred to the NRM and suspects arrested / charged. Between April 2019 and March 2020 and as a result of proactive approaches to tackling this issue and greater awareness of this crime, 162 potential victims of modern slavery were referred into the NRM from Derbyshire presenting a 24.6% increase on the previous year.

- The most common types of exploitation included: Forced labour, sexual exploitation and domestic servitude.
- Victims came from Hungary, Poland, Romania, Slovakia, Kenya, Latvia, Italy, United Kingdom and Vietnam.
- Locations for exploitation: county lines, car washes, food production, nail bars, warehouses, domestic homes, cannabis farms
- Victims were referred by a number of agencies including:
  - Police (49 – made up of 30 Adults and 19 minors)
  - Derby / Derbyshire local authorities (36 made up of 3 adults and 33 minors)
  - Migrant Help (43)
  - UKVI (17)
  - Home Office Immigration and Enforcement (7)
  - Border Force (1)
  - Salvation Army (1)
  - Other local authorities (8)

For further information about the Derby and Derbyshire Modern Slavery Partnership, please contact:

- Derby City Council - [purjinder.gill@derby.gov.uk](mailto:purjinder.gill@derby.gov.uk)
- Derbyshire County Council - [Michelle.collins@derbyshire.gov.uk](mailto:Michelle.collins@derbyshire.gov.uk)
- Derbyshire Police Modern Slavery Human Trafficking Unit at: [mshtu@derbyshire.pnn.police.uk](mailto:mshtu@derbyshire.pnn.police.uk)

For further information about Modern Slavery go to:

- Safer Derbyshire: [www.saferderbyshire.gov.uk](http://www.saferderbyshire.gov.uk)
- Derbyshire Police: [www.derbyshire.police.uk/advice/advice-and-information/ms/modern-slavery/](http://www.derbyshire.police.uk/advice/advice-and-information/ms/modern-slavery/)
- Anti-slavery: [www.antislavery.org/](http://www.antislavery.org/)
- UK Independent Anti-slavery Commissioner: [www.antislaverycommissioner.co.uk/](http://www.antislaverycommissioner.co.uk/)
- National Modern Slavery Helpline on 08000 121 700



## Making Safeguarding Personal (MSP) resources

**The Care Act 2014 emphasises a personalised approach to adult safeguarding that is led by the individual, not by the process**

It's important that the adult feels they are the focus and they have control over the process. The approaches of agencies and services to adult safeguarding should be person-led and outcome-focused.

Making safeguarding personal (MSP) is not simply about gaining an individual's consent, although that's important, but also about hearing people's views about what they want as an outcome.

MSP is also about ascertaining the extent to which the outcomes the individual wanted were achieved in the end

### MSP myth-busting podcasts

There are eleven episodes on the [Busting myths that surround Making Safeguarding Personal](#) podcasts series, which explore the that can prevent practitioners from making safeguarding personal for service users. The podcast hosts combine practitioner experience and service user experience to begin to make sense of what it means to make safeguarding personal for every service user.

### MSP toolkit

The Local Government Association [MSP Toolkit](#) has been updated and is now in its fourth edition. The toolkit aims to provide practical support to people working in practice and gives key messages for Directors of Adult Services, Chairs of Safeguarding Adults Boards and Principal Social Workers.

### MSP myths and realities briefing

The purpose of the Local Government Association [Myths and Realities about MSP](#) is to expose some 'myths' about Making Safeguarding Personal, which is not just about safeguarding practice but also about prevention, and strategic as well as operational safeguarding. We have also included some general 'myths' about safeguarding adults.

The briefing is aimed at front line practitioners and operational managers in all organisations that have a role in safeguarding adults. It is aimed at leaders at all levels and local councillors. It can also be used by anyone interested or involved in safeguarding adults because 'safeguarding is everyone's business'.

This can be used as a prompt for discussion in teams or partnerships, in workshops or conversations. We encourage you to identify and 'bust' your own 'myths' about safeguarding adults and use these conversations to shift your assumptions about how safeguarding works.

**More information about [Making Safeguarding Personal](#)**

# National Safeguarding Adults Week 2020 update

We were proud to support National Safeguarding Adults Week 2020



The week, which ran from 16th November 2020 to 22nd November and is an annual event hosted by The Ann Craft Trust (ACT).

ACT tracked the performance of their **#SafeguardingAdultsWeek** hashtag and a few variations on Twitter. Here's how they performed across the week:

- **12,709,612** people reached by the hashtags.
- **8,223** updates by **3,127 users** which included the hashtags.
- The hashtags were seen **36,940,085** times

We're delighted our [Tweet about Adverse Childhood Experiences \(ACEs\)](#) received a particular mention from ACT - thank you to Carolyn Green from Derbyshire Healthcare Foundation Trust for the inspiration, whose full article you can read in our [special edition newsletter](#) we published for National Safeguarding Adults week 2020.



## Launch of the DSAB's animated film

The start of the week saw the launch of our new animated film - [Identifying and Reporting Abuse and Neglect](#) - which has already had 675 views on YouTube. The film is available with subtitles in English, Polish, Romanian, Simplified Chinese and Urdu. For people who are deaf or hard of hearing, there is a [British Sign Language interpreter version](#). To accompany the animated film, we have produced an [adult safeguarding guide](#), which can be downloaded from our website.

## Foetal Alcohol Spectrum Disorder webinar



On 20th November 2020 we held a webinar about Foetal Alcohol Spectrum Disorder (FASD), which was attended by 110 professionals from both adult and children's services from across Derby and Derbyshire.

As a result, further training sessions are being arranged by our Health colleagues for GPs and staff at Chesterfield Royal Hospital in 2021.

The event was hosted by Jo Buckard from [Red Balloon Training](#). Jo is a specialist trainer and qualified Health and Social Care lecturer, has been working the social care sector for twenty years, and has delivered FASD training for sixteen years.

Here's what Jo said on Twitter [@jobuckard](#) about the event:

*"Since the #FASD training for @DerbysireSAB on #SafeguardingAdultsWeek I am absolutely blown away by the passionate response & decisive messages I've received about developing new pathways. Such determination for change locally. As a Derbyshire girl I am 'Property Chuffed."*

*"I was so thrilled such a range of professionals attended inc paediatricians GPs adult social workers, Children's social workers midwives Camhs drug & alcohol services police probation CCG. Feedback clear how needed this was thankyou @DerbyshireSAB #FASD #Safeguarding AdultsWeek"*

We would like to thank Jo for an informative and entertaining webinar, as well as everyone who attended.



## Cybercrime and Online Safety webinars

The COVID-19 pandemic has meant many of us have been working remotely at home, or socialising, shopping and educating our children online, so it's never been more important to do everything we can to stay safe online. People who were previously reluctant to embrace technology have been forced to do so, often with limited digital skills and reduced support networks, which has increased their risks online.

Nationally, cybercrime now accounts for over thirty-three per cent of all recorded crime and is one to which more people are likely to fall victim. Derby and Derbyshire Safeguarding Adults Board have been working with the Police and other partners to raise the importance of online safety to reduce the risk of Derbyshire residents becoming victims of any form of cybercrime.

To this end, together with Derby Safeguarding Adults Board, we hosted two Cybercrime and Online Safety webinars were held on 17th and 18th November 2020 as part of National Safeguarding Adults Week. We would like to thank two Trainers, James Land who is the Derbyshire's Digital PCSO, and Tracy Coates who is a Senior Community Safety Officer.

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## Social media

During National Safeguarding Week we made daily posts on Twitter and Facebook about specific safeguarding adults issues, including adult grooming, creating safer places, institutional and organisational abuse, understanding legislation and safeguarding in sport and activities.



On Twitter ([@DerbyshireSAB](#)) we reached approximately 48.7k people and increased the number of our followers by 3%. The most popular post was about the [work of DFRS in the community](#) with a reach of 28,427 posted on 22nd November 2020, with the second most popular about [Adverse Childhood Experiences \(ACEs\)](#) at 3,136 reach posted on 22nd November 2020.

On Facebook ([@DerbyshireSAB](#)) we reached approximately 7k people and increased the number of our followers by 4%. The most popular post was one about showing our support for the week at a reach of 3,578, with the second most popular being about the launch of our animated film - [Identifying and reporting abuse and neglect](#) - at 2,395 reach, both of which went out on 16th November 2020.

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## Sepsis Primary Care Resource pack

### HOW TO SPOT SEPSIS IN ADULTS

Seek medical help urgently if you (or another adult) develop any of these signs:

- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing no urine (in a day)
- Severe breathlessness
- It feels like you're going to die
- Skin mottled or discoloured

**Sepsis, also known as blood poisoning or septicaemia, is the immune system's overreaction to an infection or injury**

Normally, our immune system fights infection, but sometimes, for reasons we don't yet understand, it attacks our body's own organs and tissues. If not treated immediately, sepsis can result in organ failure and death.

Sepsis can be triggered by any infection, but most commonly it occurs in response to bacterial infections of the lungs, urinary tract, abdominal organs or skin and

soft tissues.

Caught early, outcomes are excellent. Left unchecked, the patient is likely to spiral to multi-organ failure, septic shock and death.

In Derbyshire during 2018/19 there were:

- 5,125 sepsis admissions
- 663 deaths (13%)
- 50,000 hospital bed days (approximately)
- 9 days - average length of stay
- £4,500 - average cost of per patient

## Signs and Symptoms

Sepsis can initially look like 'flu, gastroenteritis or a chest infection. There is no one sign, and symptoms present differently between adults and children.

### Spotting signs of sepsis in adults

Seek medical help urgently if you, or another adult, develop any of these signs:

- Slurred speech or confusion
- Extreme shivering or muscle pain
- Passing no urine (in a day)
- Severe breathlessness
- It feels like you're going to die
- Skin mottled or discoloured

### Spotting signs of sepsis in children

If a child is unwell with either a fever or very low temperature (or has had a fever in the last 24 hours), call 999 and just ask: could it be sepsis?

A child may have sepsis if he or she:

- Is breathing very fast
- Has a 'fit' or convulsion
- Looks mottled, bluish, or pale
- Has a rash that does not fade when you press it
- Is very lethargic or difficult to wake
- Feels abnormally cold to touch

A child under 5 may have sepsis if he or she:

- Is not feeding
- Is vomiting repeatedly
- Has not passed urine for 12 hours

## Sepsis resources

1. NHS England have produced [easy read information on sepsis](#) for people with a learning disability.
2. Sherwood Forest Hospitals have produced a [video of sepsis information](#) for people with a learning disability.
3. For professionals, Derby and Derbyshire Clinical Commissioning Group has produced a [Sepsis Primary Care Resource Pack](#) about the Derbyshire Primary Care approach to the identification, management and treatment of sepsis.

Visit the [UK Sepsis Trust](#) website, or follow them on Twitter [@UKSepsisTrust](#) and Facebook [@TheUKSepsisTrust](#).

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# Supporting people who are experiencing suicidal ideation

## Guidance to support staff dealing with people who voice suicidal thoughts

Professionals can find on our website more information about supporting someone who has suicidal thoughts or ideation.

'[Derbyshire – how to help someone who has suicidal ideation](#)' is an aide-memoire with some simple steps for supporting someone who expresses suicidal thoughts, which has been developed by Derbyshire Healthcare Foundation Trust (DHCFT) and Derbyshire Community Healthcare Services (DCHS) in partnership with the Derbyshire Self-harm and Suicide Prevention Partnership Forum.



The '[Suicidal thoughts – how to support someone](#)' factsheet is a more detailed guide on how to support someone with suicidal thoughts, which has been developed by [Rethink Mental Illness](#).

The [Derbyshire Self-Harm and Suicide Prevention Partnership Forum \(DSSPP\)](#) allows organisations from across Derbyshire to work together and help tackle the issue of suicide. The partnership's vision is that as few people as possible will die from suicide across Derby and Derbyshire.

[The Tomorrow Project](#) is a confidential suicide prevention project that has been set up to support individuals and communities to prevent suicide. The project currently delivers a suicide crisis service and a police-referral suicide bereavement service.

World Suicide Prevention Day is marked annually on 10th September and is hosted by the [International Association for Suicide Prevention](#). Each year has a different theme and focus to bring to light a specific aspect of suicide prevention

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## Recording Microsoft Teams meetings



### Recording a Microsoft Teams meeting may sound attractive, but there are security issues to consider

The issue of recording meetings via Microsoft Teams in terms of GDPR compliance and information security concerns is being looked at corporately by Derbyshire County Council's Legal and IT Services.

The Derbyshire Safeguarding Adults Board will be advising staff that where personal client data is being discussed, meetings should not be recorded. For example, safeguarding meetings and Vulnerable Adult Risk Management (VARM) meetings.

If you're thinking of recording a Microsoft Teams meeting, please consider whether it's appropriate, future legal implications and your records retention schedule. If you'd like advice about this matter, you can email us at [Derbyshire.SAB@derbyshire.gov.uk](mailto:Derbyshire.SAB@derbyshire.gov.uk)

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## Support available for Carers in Derbyshire

Throughout the COVID-19 Pandemic, Derbyshire Carers Association have continued to offer vital support to Carers



The pandemic and the associated restrictions, particularly lockdowns, bring new challenges for Carers, so Derbyshire Carers Association continue to review their services to make sure they're able to offer the most appropriate and necessary support.

To make a referral to Derbyshire Carers Association's services please call 01773 833833 or email [info@derbyshirecarers.co.uk](mailto:info@derbyshirecarers.co.uk). All of services are free and confidential for carers supporting a loved one in Derbyshire.

The services available to Carers across Derbyshire:

- Information, advice and guidance on a range of Carer issues, including practical and emotional support
- Financial and legal advice and support
- Specialist advice for health conditions, e.g., Dementia, Parkinson's disease and Mental Health with links to specialist service provision
- Befriending and counselling
- Connecting Carers with other support services across health and social care
- Advocating for Carers across the health and social care services
- Signposting to sources of replacement care
- Help register as a Carer and create an Emergency Plan
- Peer support with other Carers to help with wellbeing and resilience
- Access to online groups, training and social activities
- Telephone based Carers assessment and support planning
- Social, practical and emotional support for Young Carers and their families

Website: [derbyshirecarers.co.uk](http://derbyshirecarers.co.uk), Facebook: [@derbyshirecarers](https://www.facebook.com/derbyshirecarers), Twitter: [@derbyshirecarer](https://twitter.com/derbyshirecarer)

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## Citizens Advice Chesterfield COVID-19 update



Services offered by Citizens Advice, Chesterfield during the COVID-19 pandemic

Due to the current guidance to avoid travel and limit social contact, Citizens Advice (CAB) in Chesterfield have unfortunately had to make the decision to close their drop-in offices and outreaches, and to suspend all face-to-face appointments. A number of the usual outreach locations such as GP surgeries and libraries have also been made unavailable to CAB. They feel this is the only possible course of action to preserve the health of their staff, volunteers and clients.

With this in mind, they are adding extra advisers to their telephone lines and also introducing a webchat feature to their [website](#) for advice.

There is general advice specifically about COVID-19 on the [national Citizens Advice website](#).

Telephone Line: 0808 278 7843

The advice line is currently open 9am-2pm Monday to Friday. There will be extra advisers logged in to take calls while their outreaches and offices are closed.

If you would like one of our advisers to call you, please [complete this form with your contact details](#) and they will give you a call-back.



# Derby & Derbyshire CCG safeguarding app

**As we know, safeguarding is everybody's business.**

The free safeguarding app is useful for all staff who provide care and support, whatever their role, to any adult in any setting. It uses swipe-screen technology to guide you through a series of decision referral pathways, making it easier to recognise risk and know what to do if you have a concern.

There is a wealth of practical information relating to safeguarding. The app has links to referral processes, operational policies and guidance. As well as practical information relating to safeguarding, the app contains a complete list of essential contact details for Derby City and Derbyshire County staff, and links to local policies and national guidance.

***Please note: the app contains information about the DSAB's GCSX email addresses, which is now out of date - professionals should, instead, refer to the safeguarding adult referral section and form on the [DSAB's website](#) for current email contacts for making safeguarding adult referrals.***



## The app provides professionals with:

- the principles of safeguarding adults
- the categories of abuse
- Making Safeguarding Personal (MSP)
- what to do if you have a concern about an adult at risk
- how to share information in the right way
- child sexual exploitation (CSE)
- adult trafficking and modern slavery
- female genital mutilation (FGM)
- the Government's PREVENT strategy and Channel
- hate crime

## The referral pathways include:

- safeguarding adults
- female genital mutilation (FGM)
- domestic abuse
- PREVENT
- Mental Capacity Act 2005

## Download the app

The app is available for both [iOS](#) and [Android](#) devices using these links, although it's best to search the store.

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## Derby & Derbyshire CCG podcasts

Podcasts are a quick and easy way to listen to topics of interest at a time to suit you.

There are currently seventeen podcasts available. Additional podcasts will continue to be produced on a range of safeguarding subjects. Any ideas for future podcasts are welcomed: please email [natalie.hall1@nhs.net](mailto:natalie.hall1@nhs.net).

1. Domestic abuse (part 1)
2. Domestic abuse (part 2)
3. Financial abuse
4. Making Safeguarding Personal (part 1)
5. Making Safeguarding Personal (part 2)
6. Mental Capacity Act introduction
7. Mental Capacity and how to assess it
8. Best interests
9. Protection for healthcare and treatment actions
10. Lasting powers of attorney
11. Deprivation of Liberty
12. Prevent (29th October 2015)
13. Self-neglect (part 1)
14. Self-neglect (part 2)
15. STOMP
16. VARM – What is VARM?
17. VARM – Case study

**Download or listen to the podcasts**

The podcasts are available from the [NHS Derby and Derbyshire CCG](#).

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## To report a Safeguarding Concern



Derbyshire  
Safeguarding Adults  
Board

# There is NO Excuse for Abuse

If you or someone you know in Derbyshire is being abused or neglected please tell someone

In an emergency, contact the police, tel: **999** or if you are deaf/hard of hearing use emergency SMS by texting **999** from your phone, or use the NGT Relay Assistant by dialling **18000** from the app or textphone

If the person is not in any danger now but there has been a crime, contact the police, tel: **101**

If you're worried about yourself or someone else being abused or neglected, please contact Call Derbyshire, tel: **01629 533190**

**Derbyshire Safeguarding Adults Board**  
**[www.derbyshiresab.org.uk](http://www.derbyshiresab.org.uk)**

The poster above is one of eight in the ['There is NO Excuse for Abuse'](#) set, which are available to download from our website.



**The next DSAB meeting is on 9th March 2021**

For queries or comments please contact:

Natalie Gee (DSAB Project Manager) at [DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk)

**If you would like to subscribe to our newsletter, please email us at**  
[DerbyshireSAB@derbyshire.gov.uk](mailto:DerbyshireSAB@derbyshire.gov.uk)



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Visit our website at: [www.DerbyshireSAB.org.uk](http://www.DerbyshireSAB.org.uk)