

## **Emollients- Be Safe!**

Emollients are creams/sprays/lotions used for a wide variety of skin conditions such as eczema and psoriasis. It is important to be safe and understand the risks when using them, as many are flammable.

When using all types of emollients (both paraffin-based and paraffin-free) please follow the safety guidance below:

- Keep away from fire, flames and cigarettes.
- Change clothing, dressings/bandages and bedding regularly because emollients soak into fabric and can easily catch fire.
- Washing fabrics at high temperatures may reduce the build-up of emollients, but does not remove it entirely due to its oily residue.
- People with mobility difficulties should be particularly careful.

Anyone who has had issues with any emollient creams is asked to report this through the Yellow Card Scheme, a website for reporting adverse drug reactions. You can talk to your pharmacist if you have any concerns.

www.yellowcard.mhra.gov.uk