

Welcome to the newsletter of the Derbyshire Safeguarding Adults Board Issue 40

If your organisation would like its safeguarding work featured in a future newsletter, please contact the DSAB Board Manager, Natalie Gee at DerbyshireSAB@derbyshire.gov.uk

Our newsletters are published quarterly to update professionals and volunteers who work with adults with care and support needs on key information related to the Board.

Derbyshire Safeguarding Adults Board (DSAB) is a multi-agency strategic partnership, which ensures and oversees the effectiveness of arrangements made by agencies to safeguard adults who have care and support needs and are experiencing, or at risk of experiencing, abuse or neglect.

In this edition:

- Message from our Independent Chair
- News from the Board
- Derbyshire Safeguarding Adults Board annual report 2024/2025
- Derbyshire LeDeR Programme annual report 2024/2025
- <u>UPDATED PIPOT policy, practice guidance and leaflet</u>
- NEW Safeguarding Adults What to Expect leaflet easy-read version
- NEW Multiagency Adult Risk Management podcast
- NEW Derby and Derbyshire Safeguarding Adults Boards members information pack
- NEW Derby and Derbyshire Safeguarding Adults Boards Prevention Principles document
- NEW Rights of access gaining access to support an adult 7-minute briefing
- Safeguarding Adults Week 2025 (17 to 21 November) FREE webinars
- Guidance for supporting vulnerable people before and during cold weather
- Learning from our multiagency audits
- Stopping Over Medication of People with a Learning Disability, Autism or Both (STOMP)
- Identifying and supporting people who are informal carers
- Mental Health and Suicide Prevention Project
- Reporting a safeguarding concern

Message from our Independent Chair

Welcome to the latest edition of the Derbyshire Safeguarding Adults Board newsletter.

I'm really pleased to be able to share our Annual Report for 2024-2025, which has just been published. The report gives an overview of the work undertaken by the Board and our partner agencies during the previous financial year. For those who would prefer to read the key headlines of the report, you will also find a short summary version available too.

It has been a busy few months for our Board as we have been working to embed our new Strategic Plan for 2025-2028, and you will see within this newsletter some of the recent work undertaken, including a new information pack for Board members, and a new Prevention Principles document to



outline our commitment to Prevention across the partnership. We have also been working on our activity for Safeguarding Adults Week 17 to 21 November 2025, and I hope that many of you will book onto the free training available (please find further details within this newsletter).

This is the last quarterly newsletter of the Board this year, although there will be a special edition regional newsletter published in November to mark National Safeguarding Adults Week. I therefore would like to take this opportunity to thank our Board members for their support in my first year as DSAB Independent Chair and wish all who celebrate a Merry Christmas, and a very happy 2026

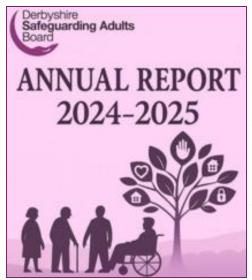
News from the Board

The Derbyshire Safeguarding Adults Board (DSAB) meets every three months and the last meeting took place on 9 October 2025

Below is a summary of the items discussed at the meeting:

- Leadership changes within the Derbyshire Constabulary Crime Directorate were confirmed, with Gaz Smethem welcomed as the new Derbyshire Safeguarding Adults Board member for Derbyshire Police, and thanks expressed to Chris Marriot who has moved to a new role.
- A poem was read out to bring focus to the Board meeting in relation to people with lived experience.
- The Derbyshire Safeguarding Adults Board Annual Report 2024-2025 was signed off and highlights from the report were discussed.
- Safeguarding adults performance data from Q1 2025-2026 was shared and discussed.
- An update was provided on the work undertaken to support the strategic plan.
- The Derby and Derbyshire Safeguarding Adults Boards Prevention Principles document was shared with Board members and signed off at the meeting.
- The progress made against each of the recommendations made for safeguarding adult boards in the Ministerial letter about Individual Rough Sleeping was shared.
- The Board member from DWP (Department for Work and Pensions) gave an overview of the response and update to the Work and Pensions Select Committee report and recommendations from its safeguarding vulnerable claimants inquiry.
- Subgroup chairs reports were shared to give an overview of work undertaken in the previous quarter.
- Provisional plans for Safeguarding Adults Week from 17 to 21 November 2025 were shared.

Derbyshire Safeguarding Adults Board annual report 2024/2025



Derbyshire Safeguarding Adults Board's annual report for 2024/2025 has been published.

It is a requirement of the Care Act 2014 that all safeguarding adults boards publish an annual report.

Annual reports give an overview of the Board's work over the past year and includes safeguarding performance data, key achievements, and challenges faced by the Board and its partners.

The report outlines progress against the DSAB's strategic priorities, shares learning from Safeguarding Adult Reviews (SARs), and highlights how the Board has worked collaboratively with statutory and voluntary agencies to improve outcomes for adults with care and support needs.

Our latest <u>annual report for 2024/2025</u> and its 2-page summary are available to read and download from our website.

Derbyshire LeDeR Programme annual report 2024/2025

LeDeR stands for "Learning from Deaths of those with a Learning Disability and Autistic People"



The LeDeR programme supports local areas across
England to review the deaths of people with a learning
disability and autism, to learn from these deaths and to

disability and autism, to learn from those deaths and to put that learning into practice.

The Integrated Care Board is responsible for ensuring that LeDeR reviews are completed for their local area and that actions are implemented to improve the quality of services for people with a learning disability and autistic people to reduce health inequalities and premature mortality.

The Derbyshire <u>LeDeR annual report for 2024/2025</u> is now available from the Joined Up Care Derbyshire website. Alongside the full report, an easy-read summary and an infographic are available.

UPDATED - PIPOT policy, practice guidance and leaflet



The Allegations against Persons in a Position of Trust (PIPOT) Guidance has been refreshed and relaunched

Under the statutory guidance of the Care Act 2014, Safeguarding Adults Boards (SABs) are required to establish and agree a framework and process to respond to allegations against anyone who works (either paid or unpaid) with adults with care and support needs.

A joint PIPOT framework and process was originally agreed by Derbyshire and Derby Safeguarding Adults Boards on 9 October 2023. Since then, in response to valuable feedback from partner agencies, work has been undertaken in collaboration with Policy and Procedure subgroup members to review and refresh the guidance. As a result, we are pleased to present the <u>updated guidance</u>, <u>alongside a new</u> supporting leaflet to aid understanding.

The purpose of this guidance is to outline how to respond appropriately to allegations against individuals in a position of trust, regardless of whether they are made in connection with the person's employment, in their private life, or any other capacity. The aim is to ensure consistent and proportionate action, to support and protect all involved.

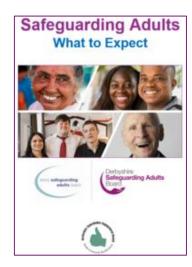
This guidance applies to all SAB partner agencies and commissioned services who provide care and support services to adults in Derby and Derbyshire.

NEW - Safeguarding Adults What to Expect leaflet easy-read version

An English easy-read version of our <u>Safeguarding Adults: What to Expect leaflet</u> is now available.

The leaflet provides an explanation of the purpose of the safeguarding process in a clear and straightforward way. It can be 'owned' by the person and they can refer back at any point during the safeguarding process.

There are sections where the practitioner can inform the person who their key point of contact is in relation to the safeguarding process and the nature of the concerns raised about them. There is also a section where the person can write down any questions, wishes or feelings. This information can be used as part of safety planning to ensure that the person's views have been taken into account.



While the easy-read version is currently only available in English, the main <u>Safeguarding Adults: What to Expect leaflet</u> is available in a number of languages. In Derbyshire, if you would like to view the leaflet in a language not already available or in a different format, please email <u>derbyshiresab@derbyshire.gov.uk</u>.

The leaflet has been co-produced with feedback received from the Derbyshire Stakeholder Engagement Board (DSEB) and people who have previously been supported via the safeguarding process in Derbyshire.

NEW - Multiagency Adult Risk Management podcast



We're excited to announce the launch of a brand-new podcast designed to support your understanding of the Multiagency Adult Risk Management (MARM) process

The podcast offers frontline staff and managers a practical, accessible way to explore how the MARM process works, why it matters, and how it can be applied effectively in day-to-day practice, and includes tips to help you navigate complex risk situations collaboratively.

Why listen?

- Gain clarity on the MARM procedure and its application
- Learn how to improve outcomes for adults at risk
- Listen anytime—whether you're commuting, on a break, or catching up at home

Tune in and listen

Multiagency Adult Risk Management Process – A podcast from Derbyshire Safeguarding Adults Board

We encourage all staff—especially those working directly with adults at risk—to tune in and share with your teams.

Your feedback is also welcome and thank you for your continued commitment to safeguarding and partnership working.

NEW - Derby and Derbyshire Safeguarding Adults Boards members information pack



The new <u>Derby and Derbyshire Safeguarding Adults Boards members pack</u> includes information on the roles and functions of the safeguarding adults boards, safeguarding adults boards membership, and subgroups.

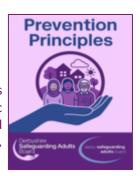
It explains what is required of board and sub-group members to ensure that the boards are effective in achieving their strategic objectives.

We encourage our new and current board members to refer to this information to ensure they understand their board member role and responsibilities.

NEW - Derby and Derbyshire Safeguarding Adults Boards Prevention Principles document

The Derby and Derbyshire Safeguarding Adults Boards are proud to introduce their new <u>Prevention Principles</u> document, which sets out a shared commitment to preventing abuse and neglect before it occurs.

Grounded in the Care Act 2014 and aligned with the Boards' strategic priorities, this document highlights key areas for collaborative action, ranging from public awareness and strengths-based safeguarding to partnership working and accountability, ensuring that adults across Derby and Derbyshire can live safely, with dignity and independence.



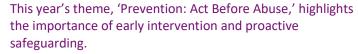
NEW - Rights of access - gaining access to support an adult 7-minute briefing



The <u>Derby and Derbyshire Rights of access - gaining access to support an adult 7-minute briefing</u> provides information about gaining access to support adults, either to provide care or support or as part of the response when it is known or suspected that adults are experiencing, or at risk of, abuse or neglect. It explains that only police and the local authority have very specific legal options they can pursue and steps that practitioners from other agencies should take.

Safeguarding Adults Week 2025 (17 to 21 November) FREE webinars

Derbyshire Safeguarding Adults Board will be supporting Safeguarding Adults Week, taking place from Monday 17 to Friday 21 November 2025. This national campaign encourages organisations and communities to come together to raise awareness of safeguarding issues.





In collaboration with Derby Safeguarding Adults Board, we'll be hosting a series of free online webinars throughout the week. Each session will focus on a different safeguarding topic, offering valuable insights for professionals.

- 1. Cybercrime and Online Safety 17 November 2025
- 2. Sexual Abuse and Older People 18 November 2025
- 3. Who Cares for the Carers? 19 November 2025
- 4. <u>Co-production and Safeguarding</u> 19 November 2025
- 5. Low-level Support/Home from Hospital Service Talk 20 November 2025

- 6. Domestic Abuse and Older Adults 20 November 2025
- 7. Safer Cultures in Sports 21 November 2025

Find out about more <u>training sessions hosted by other safeguarding adults boards</u> taking place during Safeguarding Adults week, which are open to all practitioners.

Guidance for supporting vulnerable people before and during cold weather



The <u>Supporting vulnerable people before and during cold weather</u> <u>guidance</u> is for healthcare professionals working in community, care home or hospital environments, including those working in managerial and in patient-facing roles.

The guidance offers advice on caring for people most at risk during cold weather. Healthcare professionals should also consult the <u>Cold-Health Alert action card for healthcare providers</u>. This summarises the suggested actions that healthcare providers should consider when preparing for and responding to each Cold-Health Alert (CHA) type (yellow, amber or red). Additionally, it identifies some of the long-term strategic actions which will help to protect health and reduce

healthcare demands during cold weather periods. Find out more about the Cold-Health Alert system.

Learning from our multiagency audits

The Derbyshire Safeguarding Adults Board (DSAB) has recently carried out two multi-agency audits exploring domestic abuse involving older people, alongside further audits focusing on modern slavery and repeat safeguarding referrals (multiple safeguarding adult referrals received in relation to the same person).

These audits have highlighted some areas where practitioners may benefit from refreshing or expanding their knowledge. The findings will help inform future learning opportunities and support continuous improvement in safeguarding practice across Derbyshire. These areas are:

- Domestic abuse and older people
- Stopping over medication of people with a learning disability and autism or both
- Identifying and supporting people who are informal carers

In this newsletter we have included links to guidance, information, and resources to support you in these areas.

Domestic abuse and older people



Domestic abuse can affect anyone, regardless of age—but for older people, it often remains hidden, misunderstood, or overlooked.

The Derbyshire Safeguarding Adults Board (DSAB) has guidance and resources to raise awareness and improve responses to domestic abuse in later life. This includes the powerful <u>Hidden Harms</u> animation, co-created with survivors aged 60 to 93, which helps practitioners and families start sensitive conversations with older adults.

The DSAB's commitment to safeguarding older people is reflected in its updated <u>practice guidance</u>, which has a specific section around

domestic abuse and older people. Take a few moments to watch the animation and read this section of the practice guidance to support your day-to-day practice.

Stopping Over Medication of People with a Learning Disability, Autism or Both (STOMP)

The <u>STOMP campaign</u>—Stopping Over Medication of People with a Learning Disability, Autism or Both—is a national initiative led by NHS England that aims to reduce the inappropriate use of psychotropic medications among people with learning disabilities and autistic individuals.

These medications, which include antipsychotics, antidepressants, and sedatives, are often prescribed to manage behaviour, sometimes without a clear clinical justification. Research shows that people with learning disabilities are up to 16 times more likely to be prescribed such drugs than the general population.



STOMP is not anti-medication. Instead, it advocates for the right medication, at the right dose, for the shortest time necessary. It encourages professionals across health, education, and social care to consider alternative approaches before prescribing, and to regularly review medication use. The campaign works closely with people with lived experience, families, and carers to ensure that decisions about treatment are person-centred and transparent.

Real-life stories, such as those of Katy and Jane's son, highlight the devastating impact of overmedication—from severe side effects and loss of independence to hospitalisation and trauma. These cases underscore the importance of STOMP's mission and the need for robust advocacy, informed consent, and multi-disciplinary collaboration to ensure that people with learning disabilities receive the support they need to live healthier, more empowered lives, free from unnecessary medication and its harmful consequences.

Identifying and supporting people who are informal carers



P Key Resources

- <u>Carers in Derbyshire</u>: Essential information for unpaid carers
- Derbyshire all age carers support service (DAACSS)
 - Events, workshops, and monthly <u>Newsletter</u>
 - o Helpline between 9-5: **L** 01773 833 833 | ⊠ <u>info@derbyshirecarers.co.uk</u>
 - o Carer Liaison Worker for Adult Social Care workforce: 🗏 07929 760752

□ Carer Referral Pathways

- Online Referral for carer support or \(\mathbb{\cup} \) 01773 833 833
- For Adult Social Care staff: see <u>Supporting Adult Carers</u> for referral guidance and pathway information and the <u>Adult Social Care and Health - Commissioned services</u> directory - Connect view

Printed Materials

 Adult Care Information Sheets can be ordered in different formats and a range of leaflets and handouts can be found in the DAACSS <u>Professionals Hub</u>

Carer-Friendly Workplaces

• DAACSS offer all employers across Derbyshire <u>Carer-Friendly Workplaces</u> support, which includes free training, resources and ongoing support to working carers.

Carers Money Matters

- Money Matters Project offers benefit and financial advice exclusively for carers
- DCA Professionals Hub holds resources for those supporting carers in hospital settings

West Sussex Safeguarding Adult Review: Tom



In 2016, Tom began to experience neglect, financial, emotional and psychological abuse by his wife and paid carer, which worsened over time. Tom became isolated from his family and friends and did not tell anyone what was happening because he was afraid.

In 2020, Tom's disclosed to friend what had been happening which prompted them to contact his mother, who then raised a safeguarding referral.

Tom agreed to talk to West Sussex SAB about his experience and is keen to help professionals understand the crucial role they play in identifying and responding to safeguarding for those experiencing exploitation and abuse. The <u>Safeguarding Adult Review</u>, published in 2024, identified important learning across agencies working with those living with a disability, particularly in relation to safeguarding, information sharing, controlling and coercive behaviour, disguised compliance, professional curiosity, and trauma-informed practice.

A <u>training video</u> has been developed in partnership between the Safeguarding Adults Board and West Sussex Community Safety and Wellbeing Service which shares the key learning from the Safeguarding Adults Review in respect of Tom.

This new resource features Tom speaking about his lived experience. Tom is keen to raise awareness to prevent other people from being abused in the future. We encourage all practitioners and managers in Derbyshire to watch the video and reflect on how the learning identified in West Sussex can be applied locally.

Mental Health and Suicide Prevention Project

This is a **FREE** service, which will be focusing on promoting and supporting mental health and well-being across our community in Derby City and Derbyshire.

The service offers an opportunity to explore how mental health is approached culturally and develop comprehensive strategies to foster a supportive environment for everyone.



Here are some of the ways it could enhance mental health initiatives:

Mental Health First Aiders (MHFA):

- Encouraging organisations to nominate staff as Mental Health First Aiders.
- Providing access to MHFA training opportunities through Derbyshire County Council and MHFA England.

Mental Health Policies:

• Assisting organisations in developing and implementing effective mental health policies to create a safe and inclusive workplace.

Employee Well-being:

- Supporting the well-being of employees through tailored initiatives and resources.
- Promoting the role of Well-being Officers within organisations to champion mental health.

Training Opportunities:

- Offering training sessions focused on mental health awareness and suicide prevention.
- Sharing resources to empower teams to engage in meaningful mental health conversations.

Networking and Community Engagement:

- Facilitating opportunities to connect through mental health networks, such as the Derbyshire Mental Health Forum at Erewash Voluntary Action.
- Keeping you updated on local opportunities, events, and initiatives.

Regular Updates and Resources:

• Launching a newsletter and utilising social platforms to share mental health tips, updates, and resources.

Personalised Support:

Providing one-on-one and group talks to address specific needs and challenges.

To sign up to the MHSP Community: Mental Health and Suicide Prevention Awareness

Derbyshire Domestic Abuse Helpline

The Derbyshire Domestic Abuse Helpline, facilitated by The Elm Foundation, is a safe, welcoming, supportive place for any adult or child affected by domestic abuse



A friendly, informal, peaceful haven in which you can talk freely and make sense of your thoughts. A hub that can provide the advice, support and tools you may need to change your situation; where you will feel empowered to take back control of your life.

- Tel: 08000 198 668
- Hard of hearing/deaf text: 07534 617252
- Email: derbyshiredahelpline@theelmfoundation.org.uk
- Online

Reporting a safeguarding concern



There is no excuse for abuse

If you or someone you know in Derbyshire is being abused or neglected, please tell someone.

In an emergency, contact the Police, tel: 999 or if you are deaf/hard of hearing use emergency SMS by texting 999 from your phone, or use the NGT Relay Assistant by dialling 18000 from the app or textphone.

If the person is not in any danger now but there has been a crime, contact the Police, tel: 101.

If you're worried about yourself or someone else being abuse or neglected, please contact Call Derbyshire, tel: 01629 533190.

There are eight <u>'There is NO Excuse for Abuse'</u> posters. They are available to download from the Derbyshire Safeguarding Adults Board website, www.derbyshiresab.org.uk



The next DSAB meeting is on 15 January 2026

For queries or comments please contact:

Natalie Gee (DSAB Board Manager) at DerbyshireSAB@derbyshire.gov.uk







