

COERCIVE AND CONTROLLING BEHAVIOUR

Q: What is coercion and control?

A: This type of abuse in an intimate or family relationship involves an ongoing pattern of controlling or coercive behaviour. Coercion can include a pattern of threats, humiliation and intimidation. Control can include making someone feel dependent and isolating them from their sources of support, and controlling their everyday behaviour.

Examples of behaviour or tactics used by perpetrators



Myth busting

This isn't about conduct in a 'normal' relationship, it's about repeated criminal behaviour and creating fear of not abiding by someone else's rules.



suffering psychological abuse are **less likely** to report to the police (SafeLives)

46%

didn't see themselves as victims of domestic abuse*

*(ONS 2015)

37%

did not report to the police because they **didn't think they could help***

This is not trivial. Psychological and emotional abuse can be as damaging as physical abuse for victims and children. Coercive control is a criminal offence.

REMEMBER you don't have to be assaulted to be a victim of domestic abuse.

Types of evidence



Don't Suffer In Silence, Tell Someone...

The Derbyshire Domestic Abuse Support Line:

08000 198 668
IN AN EMERGENCY CALL 999



Text: 07557 800 313

Email: derbyshireDAHeline@actionorg.uk

DERBYSHIRE
County Council